

USEFUL INFORMATION FOR LIVING IN **TALLINN/ESTONIA**



2017
EUFASA
ESTONIAN POST REPORT

Estonian Ministry of Foreign Affairs Family Association

LIVING IN TALLINN / ESTONIA

EUFASA POST REPORT 2017

The fourth edition of *Living in Estonia* is designed to provide useful and practical information on living and working in Estonia for newly arrived families. The information in this handbook has been compiled by the Estonian Ministry of Foreign Affairs Family Association with input from diplomatic spouses residing in Tallinn.

Additionally, the State Protocol Department of Estonian Ministry of Foreign Affairs is an important information resource for diplomats and has published a handbook on Diplomatic Immunities and Privileges in Estonia. See: [State Protocol Department | Ministry of Foreign Affairs](#)

We are always looking to improve this guide and make it more relevant to the diplomatic and expatriate community. Please share with us your experiences, recommendations and suggestions on your favorite restaurants, plumbers, gardeners and doctors or about anything else that you think is not covered adequately in this guide. Please send all feedback to lilian.pallum@gmail.com



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GENERAL INFORMATION

X ESTONIA (EESTI)

The Republic of Estonia (Eesti Vabariik) is located in Northern Europe along the shore of the Baltic Sea. With a population of just 1.317 million (as January 2017) and with territory of 45 227 square km (slightly larger than Denmark, Holland or Slovenia), Estonia is one of the least densely populated countries in the world. The official language of Estonia, Estonian, belongs to the Finno-Ugric language family and is closely related to Finnish. As such, Estonian differs greatly from Indo-European languages such as Russian, Latvian and Lithuanian. Many Estonians, especially among younger generations, speak English, while older generations are more conversant in Russian. In Tallinn, it is usually fairly easy to find someone who can speak English well, while in the countryside it can be more of a challenge.

Modern Estonia is multinational country with Estonians comprising about 68,8 % of the population, followed by Russians (25%), Ukrainians, Belarusians and Finns. The population of Tallinn is about 444 thousand, making it home to approximately 30% of the country's total population.

While, Estonia is often said to be one of the least religious countries in the world, Estonians nevertheless value traditions. The largest religious denomination according to the 2011 census is Eastern (Russian) Orthodox (16,5%), which is widely practiced within the Russian community, followed by Lutheranism (9,9%), practiced primarily among ethnic Estonians. in According to 2011 census, 16,5 % did not declare their religion and 54,1 % of the population does not recognize any religion. Other religious confessions in Estonia include: Greek Orthodox, Baptist, Methodist, Roman Catholic and other religions. Estonia's constitution guarantees the freedom of religion.

Estonia is most known for its unspoiled nature, harsh climate, white summer nights and dark winter days. The length of the longest day in summer is over 19 hours, while the shortest winter day lasts only six hours. Estonia is, in effect, two different countries – summer Estonia and winter Estonia. In October, the whole country plunges into darkness and the winter chill penetrates to the bone. However, already by March days are considerable longer and continue to lengthen right up through June when night is almost banished. This constant battle between light and darkness has no doubt influenced the Estonian language, way of thinking and, through that history, much more than any other factor.

How do Estonians see themselves? One tourism portal describes us in the following way:

Estonians are generally considered as shy and/or withdrawn. Hot-blooded nationalities can even consider us cold. Estonians like to believe that under this thick layer of skin is a warm, passionate soul. It is true that to get us open up is a test of patience, yet our expressed emotions are genuine and once the reserved facade is conquered, we truly can be friends for life. We must also admit that our „personal space” is of remarkable value to us - hugging or greeting a stranger with a kiss is too much to expect! We like the idea of it in theory, but in practice it does not tend to come out. We greet and say goodbye by shaking hands and looking into the eyes of someone you are speaking to is considered a sign of respect. In short: Estonians may come across a bit reserved at first, but we do deserve a second chance. Actually we are very outgoing and friendly - it just takes a bit more time with us to let it show. If you are patient, you will probably find a lifelong friend in Estonia.

If you would like to know and understand Estonians better, it may be helpful to get an overview of Estonian history. There are many good websites with lots of information and a good place to start would be *Wikipedia* and the *Encyclopedia about Estonia* <http://www.estonica.org>. For a quick overview, the Estonian tourism website <http://www.visitestonia.com> or <https://estonia.ee> is a good resource.

From 1 January 2011, the currency of Estonia is euro.
Estonian time zone is GMT + 2 hours.

X CLIMATE

Estonia has a mild maritime climate despite its northern latitude. Estonia has four seasons of near-equal length. The weather is largely dictated by its closeness to the Baltic Sea and there can be significant differences between coastal and inland areas. In the summer the skies are blue and temperature can reach up to 30 °C, though the average temperature is around 18 or 19°C. The warmest month is July. In winter it may sink to -20°C or below, usually in February, while the average temperature in winter is -4 or -5°C. Snow cover, which is deepest in South-Eastern part of Estonia, usually lasts from mid-December to late March

Estonians are used to cold climate and snow and children play outside in all weather conditions. Estonian schools only would consider cancelling classes for elementary or primary school if temperatures drop below -20 or -25°C. In Tallinn, children are usually only excused from classes if they live outside of the city and have a very long commute to class. Proper winter clothing is essential!

X HOLIDAYS AND CUSTOMS

National holidays are extremely important for Estonians and are always celebrated. The main public holidays in Estonia are:

January 1st – New Year's Day

February 24th - Independence Day. Estonia declared its independence on this day in 1918.

Good Friday and Easter Sunday

May 1st – Spring day, Labor Day

June 23rd – Victory Day; this holiday commemorates the victory of Estonian forces over the Baltic Germans in the Battle of Võnnu (Cēsis in Latvian) in 1919, during which Estonian forces

thwarted and attempt to restore Baltic-German control over the region.

June 24th – The midsummer solstice is traditionally celebrated on the night of June 23-24. It has very strong folkloric roots and the highlight is the ritual of lighting a bonfire and jumping over it. For Estonians, this is one of the most important celebrations of the year and cities such as Tallinn may seem deserted as everyone returns to the countryside.

August 20th – Day of Restoration of Estonian Independence. In August 1991 the three Baltic States regained independence from the Soviet Union.

December 24th - Christmas Eve is traditionally celebrated among families and friends with a festive dinner and traditional foods. After dinner Santa Clouse/Father Christmas visits children and gifts are opened. Christmas mass is widely held and this is the only time of year that many Estonians attend church services.

December 25th – Christmas Day (Read about [Christmas Customs](#))

December 26th – Boxing Day

On February 24th, June 23rd, and August 20th, flags are displayed on all buildings.

X ARRIVING & SETTLING IN

Housing

Your embassy is probably in contact with real estate agents in Tallinn and is the best source for advice. There are many real estate agencies in Tallinn, and some have quite a bit of experience working with foreigners. If you need to rent a house, an apartment or find temporary accommodation in Tallinn, there are two main websites that catalog all real estate listings:

- City 24 <http://www.city24.ee>
- Kinnisvaraweb <http://www.kv.ee>
or
- Kinnisvara 24 <https://www.kinnisvara24.ee>
- <http://www.kinnisvaratallinnas.ee>

Some of the better-known agencies include but are not limited to

- Arco Vara <http://www.arcovara.ee>
- Oberhaus <http://www.ober-haus.ee>
- Uus Maa <http://www.uusmaa.ee>
- Partner1 <http://www.1partner.ee>
- Pindi <http://www.pindi.ee>
- LVM <http://www.lvm.ee>

The tenant most commonly pays commissions, but some agencies may have different policies.

Banks and payments

There are four main banks in Estonia. The first two banks listed below are subsidiaries of Swedish bank and compete for the largest market share.

- Swedbank <https://www.swedbank.ee>
- SEB <http://www.seb.ee>

- LHV <https://www.lhv.ee>
- Nordea <http://www.nordea.ee>
- Danskebank <http://www.danskebank.ee> (has reoriented to business services)
- Banks charge hidden fees when you send money abroad. With TransferWise you save up to 90% <https://transferwise.com>

In Estonia, electronic payments and bankcards are universally accepted. Card payments accounted for 63% of all domestic payments and payments through the internet is the second most popular method of payment. Estonian banks offer also telephone banking and mobile banking services for all clients. Mobile payments only work in an Estonian mobile network. For more information ask your chosen bank.

With mobile bank you can check your account balance and make payments. Other than that, the mobile bank is as secure as the Internet bank. The most convenient and secure way of using the mobile bank is with a Smart-ID.

With [Smart-ID](#) you can access your online bank accounts, mobile banking and other e-services safely and securely from any smart device you want. Just download the Smart-ID app and enjoy freedom, independent from mobile networks and SIM-cards. All you need is an internet connection. Apply for with your existing eID document (ID-card or Mobile-ID) and use in all e-services integrated with the Smart-ID network. Available in Estonia, Latvia and Lithuania.

The standard transaction fee in the post office is 0.2% of the amount, with a minimum of 1.40 Euro, but there are a few exceptions, including some payments for energy companies that are free of charge.

Different banks have different service rates for transactions, but the general rule is that all services cost more in person in the bank and thus electronic methods are preferable. Swedbank is the only bank left which has still payment ATMs.

Although Estonia has the lowest number of card fraud cases in the euro area, criminals are still actively trying to get PIN codes and may install video cameras or fake keyboards on ATMs, so it is advisable to use common sense and not to use machines that look suspicious.

EMERGENCY SERVICES

General Emergencies **112**

The emergency call number in Estonia is - **112** for fire and rescue service and ambulance. This number, while used for health emergencies, can also be used to report traffic or environmental accidents, etc.

Police **110**

Emergency call number - **110**

Client and traffic information line: +372 612 3000 (Mon-Fri 8.00-18.00). You can call this line to request general information or to report traffic issues that do not require immediate attention, but nevertheless should be reported.

E-mail: teeninduskeskus@politsei.ee , <https://www.politsei.ee>

Tallinn Helpline 1345

The Tallinn Help Center is a 24/7 dispatch service provider in case of problems concerning city transport, environment, pets, public places, etc. Provides service within Tallinn only.

[Tallinn-Helpline-1345](#)

X USEFUL INFORMATION SITES, NUMBERS & NEWSPAPERS

General

- **Estonia.ee.** About country, society, economy & IT (e-Estonia), culture, traditions, science, history and events, work and work permits, study and education etc. <https://estonia.ee>
Ask also for the printed guide - **Destination: Estonia. Relocation Guide.**
<https://issuu.com/eas-estonia/docs/relocationguide> or <https://investinestonia.com>
- Official homepage of the Estonian State and Gateway to eEstonia <https://www.eesti.ee/eng>
- Overview <https://estonia.ee/overview>
- Encyclopedia about Estonia <http://www.estonica.org>
- Estonian Tax and Customs Board <http://www.emta.ee>
- Central Bank <http://www.eestipank.ee>
- Statistic Office <http://www.stat.ee>
- IMF <http://www.imf.org>
- Ministry of Culture <http://www.kul.ee> A lot of information about culture.
- Estonian culture and history interactive e-course <https://www.keelekliikk.ee>

Search Engines and Listings

Estonian main search tools <http://www.neti.ee>, <http://www.ee/en>

Estonian area code **+372...**

To calling within Estonia, either from a fixed line or local mobile, just dial the number as it's written. There are no city codes in Estonia.

A number of sites provide online listings in English:

- The 1182 information service. One of the most popular pages. Includes links to English language news about Baltic countries and events all over Estonia. It also includes individual lookup and phone number search. To protect private information, some information is provided only by phone through the short number 1182. <https://www.1182.ee>
- Infoabi/Euroinfo page <http://www.infoabi.ee>
- Emateab <http://www.emateab.ee>
- Infoweb <http://www.infoweb.ee>
- Eesti Infokeskus <http://www.1181.ee> (homepage in Estonian)
- Ekspress Kontakt <http://www.kontakt.ee>

Hotline Numbers

You can call paid hotline numbers 24/7 and ask for information in English or Russian. Short numbers are generally only intended for domestic use, although some mobile phone providers offer the possibility to make inquiries from abroad.

Leading information lines:

- 1182

By calling 1182 you can get personal guidance or verified local information.

The operator is also connected to Taxify special solutions which quickly gives an overview of free taxi of various companies and is able to tell the customer whether and when the taxi could reach the place. Cost of service – 2.60 EUR/min (charged per second) and 1.45 EUR/min for additional services (for Tele2 clients 2.60) (<https://www.1182.ee/about-company>).

Other information lines:

- 1184 - Cost of the service 2.60 EUR. Forwarding the call to the desired number is an additional 1.45 euro. Most popular hotline among Russian speaking population.
- 1181- or long number 626 1111 (Eesti Infokeskus) Cost of service – 2.60 EUR/min.

All service providers can put you directly through to the asked/desired number.

English and Foreign Newspapers

Estonia's main national dailies are Postimees and Eesti Päevaleht. Other newspapers with high circulations are the weekly Eesti Ekspress and daily tabloid Õhtuleht. Äripäev is a leading business paper and Maaleht is a weekly that covers every aspect of rural life.

- **Postimees** carries some news summaries in English and Russian. <http://news.postimees.ee>
- **Estonian Public Broadcasting** provides news in English and Russian <http://news.err.ee>
- **Estonian World** <http://estonianworld.com>
- **Estonian Literary Magazine** is a twice yearly published bilingual literary magazine that focuses on interesting Estonian writers, poets and new books. <http://www.estinst.ee>
- **Estonian Art.** The biannual magazine reflects today's tendencies in Estonian art and architecture, and offers glimpses into art history. <http://www.estinst.ee/en>
- The Estonian Institute regularly puts out **information bullets**. Topics cover a variety of topics from history, language, song festivals to nature, national costumes, cuisine and culture and humor. Trying to address friends of Estonia in their mother tongue, they have issued booklets in 16 languages. These publications can be requested by email at einst@einst.ee , by phone at +372 6 314 355, or obtained at their office in Tallinn, Suur-Karja 14. A limited amount of publications is free!

You can learn a number of relevant or funny facts about Estonia from *A dozen questions about Estonia* or from *Hilarious Estonia etc.*

<http://www.estinst.ee/eng/information-booklets/>

- **The Baltic Times.** Weekly English language newspaper covering Estonia, Latvia and Lithuania. www.BalticTimes.com
- **Baltic News Network** <http://bnn-news.com>
- **Baltic's Worldwide** provides daily news and more www.BalticsWorldwide.com
- **Baltic reports** <http://balticreports.com>
- **Delfi** is the main online news portal which has its pages in Estonian, Russian, Latvian and Lithuanian <http://www.delfi.ee>.
- List of Estonian online newspapers <http://www.onlinenewspapers.com/estonia>

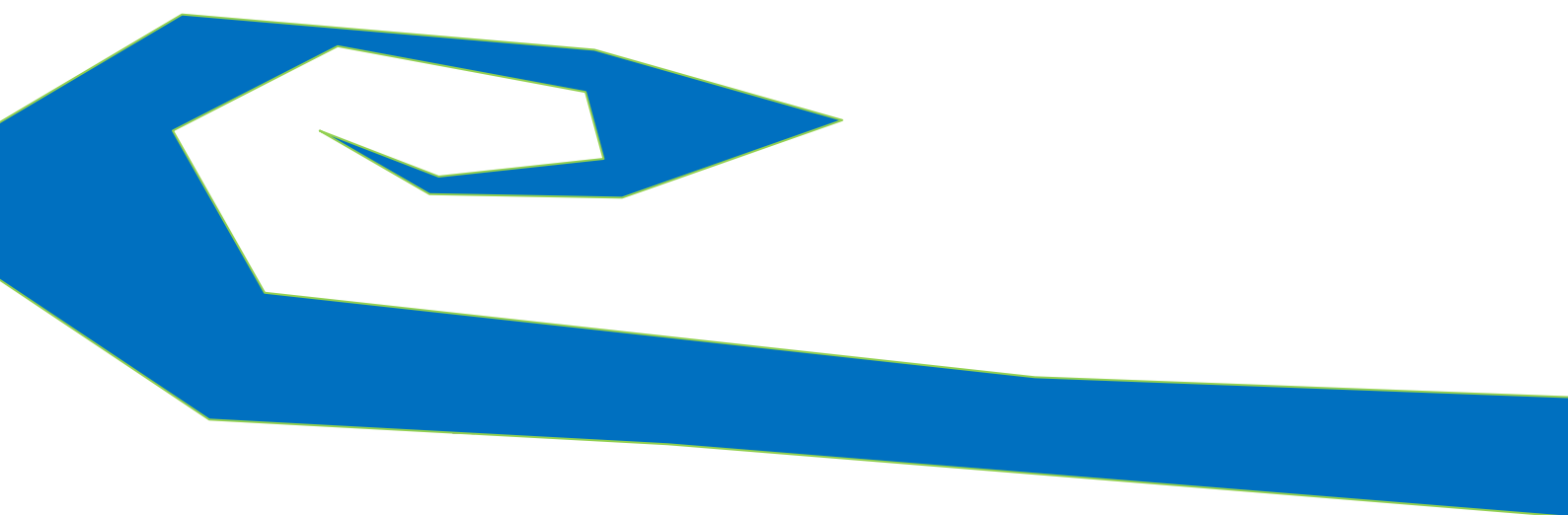
English and Russian Radio

- Radio Tallinn has retransmitted BBC and RFI programs for years. Frequency: Tallinn 103,5 MHz <http://raadiotallinn.err.ee>

- Radio 4 is one of the most popular Russian stations. Frequency: Tallinn 94,5 MHz
<http://r4.err.ee>
- List of radio stations in Estonian [List of radio stations in Estonia](#)

Other

- Estonian-English dictionary aare.pri.ee/dictionary.html
- Another Estonian-English dictionary <http://dict.ibs.ee/>
- Weather in Estonia www.weather.ee or www.ilmajaam.ee or <http://www.imateenistus.ee> (homepage of Estonian Weather Service)
- Maps, GPS maps <http://www.regio.ee>





MEDICAL SERVICES & EMERGENCIES

General

In Estonia, healthcare is primarily provided in a state-run system, however private doctors and clinics are also widely found in larger cities. For those not covered by local insurance/EU insurance and who pay out-of-pocket, the wait time for services is usually much shorter than for those who are covered by national health insurance scheme. Costs of health services at private facilities are more or less the same as at public hospitals, so please consider using both public and private facilities if you are in need of medical attention.

If you are an EU posted member of mission with an E106 form and want to apply for health insurance in Estonia, information on the process can be found in the MFA's Handbook of Diplomatic Immunities and Privileges.

All persons insured under the state system have a family practitioner. A list of general practitioners in Tallinn can be found from this Estonian language webpage <http://mveeb.sm.ee>. Fill in one of the blank, for example "Teeninduspiirkond" (= area of services) – Tallinn.

Please note that not all practitioners accept new patients. If you should be unhappy with your doctor at any time, you can change. Most visits to general practitioners are for no or little cost within the state system. Also look at:

<https://www.haigekassa.ee/en/people/family-physicians>

Generally, within the state system, a referral from the family practitioner is needed to visit a specialist, however, referrals are not needed for psychiatrists, gynecologists, dermatologist, ophthalmologist, dentist, pulmonologist (for tuberculosis treatment), infection specialist (for HIV/AIDS treatment), surgeon or orthopedist (for traumatology). The visit fee of the locally insured person for specialized medical care is up to 5 EUR (may vary in different practitioners). There is no visit fee for pregnant women, children below the age of 2 and in case of immediate hospitalization.

[Map of Hospitals in the Tallinn area](#)
[Health and Social Welfare](#)

Estonian Health Insurance Fund <https://www.haigekassa.ee>

Read more from The Medicine Estonia <http://www.medicineestonia.eu>

Emergency services 112

Emergency services (ambulance) can be reached through the emergency phone number 112. When the health problem is emergent but not life threatening it is also possible to call the emergency number 112 or turn to a hospital's emergency medicine department (contact details are below).

Emergency medicine departments and outpatient clinics

- **Põhja-Eesti Regionaalhaigla (North Estonian Medical Centre (Adults))**

Sütiste tee 19, Tallinn <http://www.regionaalhaigla.ee>

Information 617 1300, Emergency assistance 617 1369; Registration desk 617 1049

This is the main emergency hospital for adults in Tallinn, it works 24/7.

Entrance to the emergency room (*erakorraline arstiabi, EMO*) is from Tervise Street, opposite of Children's Hospital, not from the main entrance of the hospital. Details:

<http://perh.wiseman.ee/en/access-emergency-care>

Outpatient Clinic of North Estonian Medical Centre

Non-emergency patients can call the registration center for an appointment at 617 1049, Mon–Fri 8 am–6 pm. Information ph.: (+372) 617 1300, Mon-Fri 7 am–7pm; Sat-Sun 9am–7pm. Valid ID-card or Mobile-ID holders can use the online registration.

<https://www.digiregistratuur.ee>

The North Estonia Medical Centre consists of seven clinics based in different locations in Tallinn and outside city limits. Main Outpatient Clinic is in the same building with hospital.

- **Tallinna Lastehaigla (Tallinn Children's Hospital)**

Tervise 28, Tallinn <http://lastehaigla.ee>

Information/registration desk 697 7200, 6207330

Emergency services at Tallinn Children's Hospital

Children's hospital provides services for children until the age of 16 (for students until the age of 18).

Pediatricians and pediatric surgeons are on duty around the clock.

Otolaryngologists Mon-Fri 08:00–18:00 (valid until May 15), during the summer period 08:00–16:00, Sat-Sun 08:00–16:00.

Emergency room: Patients with an acute trauma can turn to the Children's Hospital emergency room throughout the day. Hospital serves patients with acute trauma up to the age of 16, older patients are sent to the emergency room (EMO) of North Estonian Medical Centre (over the road). Other emergency services are provided up to the age of 18.

Children's Hospital department in central Tallinn

The emergency room (Ravi 27) is open Mon-Fri 08:00–17:00 (during summer months 09:00–16:00).

Children's hospital outpatient clinics (*polikliinik*):

(Providing specialists' care, dental care)

1. Mustamäe Lastehaigla (Mustamäe Children's Hospital), Tervise 28 (same building as hospital) Non-emergency registration desk 697 7200.

2. Kesklinna Lastepoliikliinik (Children Hospital Clinic in central Tallinn), Ravi 27

Non-emergency registration desk 620 7330.

Cancellation of appointments is also possible by e-mail: loobu@lastehaigla.ee

- **Ida-Tallinna Keskhaigla (East-Tallinn Central Hospital (incl. Women's Clinic))** Ravi 18, Tallinn. East-Tallinn Central Hospital also provides emergency services <http://www.itk.ee/en/contact/24-hour-hotlines> or www.itk.ee Information and an appointments - (short) 1900 or +372 6227070. Online registration with ID-card or Mobile-ID <https://ipatsient.itk.ee>

If you make an appointment for specialist visit, remember to ask for the exact address as it may differ from main clinic building.

- **Lääne-Tallinna Keskhaigla (West-Tallinn Central Hospital (incl. Infection Center and Women Clinic))** Paldiski mnt. 62, Tallinn. Info 650 73017, 1314 <http://www.keskhaigla.ee>
- **Tartu University Hospital (Tartu Ülikooli kliinikum)** is the largest provider of medical care in Estonia, and all the fields practised in the country are represented there. In several fields, it is the only medical institution in Estonia with specialists at such a high level. Tartu University Hospital provides inpatient, outpatient and community-based services to patients residing all over Estonia. **Tartu University Hospital**, 1a L. Puusepa St., 50406 Tartu, ph. +372 731 9401 <http://www.kliinikum.ee>

Many doctors in every hospital and department **speak English**, just ask from the information desk.

Ophthalmologic emergencies and specialists

Ophthalmologic emergencies are treated only in Ida-Tallinna Keskhaigla Silmakliinik (East-Tallinn Central Hospital Eye Clinic), Ravi 18, or in its "Magdaleena" Clinic, Pärnu mnt. 104 (the other building of the same hospital, only during working hours)

<http://www.itk.ee/en/clinics/eye-clinic>

Vaccinations

Seasonal vaccinations for the flu and tick-borne encephalitis are provided by most general practitioners by appointment.

Without prior appointment vaccinations are provided by Lääne-Tallinna Keskhaigla (West-Tallinn Central Hospital) and Nakkuskliiniku polikliinik (Infectious Diseases Clinic), Paldiski mnt. 62, Tallinn, Mon-Fri 8.00 - 15.30.

Vaccinations price list:

<http://www.keskhaigla.ee/Price List>

Ticks

Ticks are very small and usually live in thick grasses or forests, sometimes dropping from high trees. They like warm places on the body (armpits, back of knees, groin area, etc.) and may carry diseases such as tick-borne encephalitis and Lyme disease. Be careful to remove them without squeezing the body of the tick. If you don't know how to remove them you can go to the emergency room. It is suggested to vaccinate against encephalitis, but there is unfortunately no vaccine for Lyme disease. To get full and long lasting protection you need many vaccinations. The price (one dose) of tick-borne encephalitis vaccinations for adults is ~30 euro and for children ~25 euro. Ticks are active from April to October.

Dentist

Dental emergency service is provided by Tallinna Hambapolikliinik, including on weekends and public holidays. Toompuiestee 4, short no 1920 or 612 1200 (Mon-Fri 8 -20, Sat 9-16, Sun 9-15) <http://www.hambapol.ee/>

List of dentists can be found on the webpage of Estonian Health Insurance Fund: [Dentists / Hambaarstid](#)

Some bigger dental / orthodontic clinics:

- <http://www.clinic32.eu>
- <https://www.roseni.ee>
- <http://www.unimed.ee>
- <http://www.hanzadent.ee>
- <http://www.maxilla.ee>
- <http://www.citymed.eu>
- <http://www.lumen.ee>
- <http://www.eurodent.ee>
- <https://khp.ee>
- <http://nhk.ee>

General physicians counseling line 1220

From this number it is possible to get advice on basic health problems, instructions for first aid and information about the health system. Information can be obtained in Estonian and Russian. You may be able to communicate in English. Cost of service from mobile device as 31. March 2017: Telia – 0,2278 €/min, Tele2 – 0,23 €/min, Elisa – 0,30 €/min.

Scheduling an appointment

Scheduling an appointment is possible by phone, internet or e-mail. It is also possible to register personally in the hospital. Call the *polikliniik* registration number whenever you need to see a doctor when it is not an emergency. When it is not possible to go to an appointment, it is necessary to inform the medical institution of this. Cancellation of an appointment is possible the same ways as scheduling an appointment.

Information about hospitals and doctors can be obtained from the following links: <https://haigekassa.ee>; [List of hospitals and branch offices in Estonia](#)

Unfortunately, not all service providers have English language websites.

Pharmacy/medications

In Estonia both prescription and non-prescription drugs are only sold in pharmacies. No medicines can be sold in shops, kiosks, gas stations, etc.

The retail sale of drugs through doctors or over the internet or by mail is now allowed. Drugs can be prescribed by doctors and in certain situations also by midwives. Prescriptions come in two forms: paper-prescriptions and electronic prescriptions. In the case of a paper-prescription, which is more and more rare, the patient receives the prescription directly from the doctor.

[FAQ digital-prescription](#)

As of spring 2017 it is possible to order non-prescription and prescription drugs with valid

prescriptions from one online pharmacy: **Aphotoeka** (webpage only in Estonian).
<https://apotheka.ee>

Two pharmacies are open in Tallinn around the clock:

- **Tõnismäe Apteek**, Tõnismägi 5, ph. 644 2282 (in central Tallinn)
- **Vikerlase Apteek**, Vikerlase 19, ph. 638 4338 (in Lasnamäe)
- Information about all other pharmacies in Tallinn can be found from [Pharmacies](#) or <http://www.apteegiinfo.ee> In every shopping center there is at least one pharmacy.

E-services in healthcare

If you have an Estonian ID-card or mobile-ID, you can view your medical data via <http://www.e-tervis.ee> / <https://www.digilugu.ee> , including digital prescriptions.

Selection of private outpatient clinics

- <http://www.fertilitas.ee/> One of the most popular private clinics which provides a wide variety of specialist services.
- <https://www.medicum.ee>
- <http://www.qvalitas.ee/>
- <http://kordamed.ee/>
- <http://www.esmed.ee/>
- <http://www.slmeedik.ee>
- <http://www.unimed.ee>
- <http://citytervisekliinik.ee>
- <http://www.mammograaf.ee/> (mammography)

Ophthalmologists

- <http://www.ksa.ee>
- <http://www.silmaarstid.ee>
- <https://www.silmalaser.ee>
- <http://www.laservisioon.ee/>
- <http://silmakeskus.ee>

Family Council

- Family Council – Arstlik Perenõuandla (private), Suur-Ameerika 18A, 10122 Tallinn, 666-5125, <http://www.rammul.ee>



TRANSPORT & COMMUNICATIONS

General information

- Information on all public transportation in Tallinn (incl. prices, schedules etc.) can be found here: <http://www.tallinn.ee>
- Route search (public transport timetables and routes all over Estonia <http://www.peatus.ee>
Available also for mobile devices at m.peatus.ee
- Public transport schedules in Tallinn <https://soiduplaan.tallinn.ee>
- Download the mobile app “Trafi” for real time processing of traffic situations <https://www.trafi.com>
- Estonian Road Administration <https://www.mnt.ee>
- On following links, you can find out about current road constructions <http://tarktee.mnt.ee>
(interactive map also in English)
- Autoabi - Car help 24/7 all over Estonia, ph. 59 07 8000 <http://www.autoabi.com/>
- Puksiir - Car help 24/7, mostly in Tallinn and Harju County, ph. 56 633 754 <http://www.puksiir24.ee/>
- Traffic Services 24/7, ph 17017 or +372 59 033 033 <http://liiklusteenused.ee>

Public transport tickets.

- How to buy a ticket – look at the general information from [Ticket information](https://tallinn.pilet.ee/buy) or <https://tallinn.pilet.ee/buy>. The same tickets/cards are good on all public transportation systems (buses, trolley buses and trams).
All residents of Tallinn can travel free of charge on Tallinn public transport.
For this, you need to:
 - Purchase a [Smartcard](https://www.pilet.ee) (<https://www.pilet.ee>) - a plastic card that allows you to top up credit or buy different ticket types on it for the price of 2 €.
 - You can buy smart cards at post offices, R-Koisks, Selver, Rimi and Maxima supermarkets among other places. The following link provides the list of selling points: https://www.pilet.ee/sale_points
 - Personalise the card for 1 € at the point of sale or for free at www.pilet.ee/yhiskaart if you have an Estonian ID/Personal-code. You can also personalise your Smartcard through online banking, Mobile-ID, mobile phone or at Post Offices or the Tallinn City Government service desk (Vabaduse väljak 7).
- Validate your journey with the Public Transport Card immediately after entering the public transport vehicle.

If you are not a resident of Tallinn you can buy single journey regular paper tickets costing 2

euros (discount ticket 1 euro) from the driver when entering public transportation. Please have precise change for the driver if you want to buy a ticket. If you use public transport more often you should buy a Smartcard and load money to it. To load money online to smartcard or QR-Ticket: <https://tallinn.pilet.ee>

Smartcard fares:

- 1-hour ticket - €1.10 For this type, one Smartcard can be used for a group of up to six riders.
- 1-day ticket (24h) - €3
- 3-day ticket (72h) - €5
- 5-day ticket (120h) - €6

You can also use QR-TICKETS. QR-ticket 1 ride 1 €. Purchase up to 10 rides onto your QR-ticket. Purchase online at <https://tallinn.pilet.ee> or with the mobile app [Pilet.ee](https://tallinn.pilet.ee). Use the front door validator with the QR-scanner. Validate your QR-ticket every boarding. If asked, display your QR-ticket code on the screen of a smartphone or printout.

Share QR-ticket with your friends or family. First, validate your ride, then choose the number of extra rides to be purchased using the arrows, then press OK and swipe your QR-ticket again.



For more information look at:

<http://www.visittallinn.ee/eng/visitor/plan/getting-around/public-transport>

Traffic rules

- Speed limit 50 km/h in urban areas, 90 km/h on road, unless otherwise signposted (may be temporarily raised to 100/110 km/h.)
- Estonia has zero-tolerance for alcohol.
- Winter tires are obligatory from 1 December to 1 March.
- Headlights must be turned on and safety belts fastened in both front and rear seats.
- Children must use appropriate safety equipment.
- In case of a traffic accident, it is advisable to call the police. If there are no injuries and the drivers involved in the accident agree on the facts, they can prepare a written report on all circumstances and facts, without calling the police. Should you do this, be sure to keep a copy. You may download Accident Report Form from the webpage of Salva Insurance <https://www.salva.ee>
- Pedestrians are required to wear safety reflectors at night and in poor visibility conditions.
- Estonia recognizes driving licences issued in the following states – look at <https://www.mnt.ee>
- For the EU member states, the European Economic Area and the Swiss Confederation citizens a driving licence is valid until the end of the period of validity stated on the licence. The driving licence of non-EU countries is valid for 12 months starting from the time its holder takes up permanent residence of Estonia. You can apply for an Estonian driving licence after living in Estonia for at least 185 days.

Parking

- There is paid parking in most town centres. For detailed information see: <http://www.parkimine.ee>
- In accordance with the decisions of the city councils of Tallinn and Narva, vehicles with

diplomatic licence plates have permission to park for free in public paid parking areas in Tallinn and Narva.

- Parking rules and zones in Tallinn: <http://www.tallinn.ee/eng/Parking-in-Tallinn>.
- Parking app for Telia, Elisa ja Tele2 clients <http://digitark.ee/application/pargi-ee>
- With Barking App you gain access to exclusive parking spots and it will always provide better parking prices than on-street <http://barking.ee>

In public paid parking areas, the first 15 minutes of parking is free of charge, if the driver is using a parking clock or written notice fixing the starting time – placed visibly on the windscreen of the vehicle. The 15 minutes of free parking only applies in these car parks where it has been indicated at the entrance to the car park.

The first 15 minutes free parking does not apply to off-street car parks (for example Europark, often car parks in front of shopping centres etc.). Be aware that many shopping centres have private parking lots/garages and allow free parking for only 2 hours if the driver is using parking clock.

If you need to pay for parking, the easiest way to do it is to use mobile parking <http://www.parkimine.ee/en/parking/tallinn/how-to-pay/mobile-parking>

Intercity Bus connections

- **Estonian intercity connections** - bus tickets and timetables. You can check the prices, buy the tickets and check the number of tickets already sold for your desired route <http://www.tpilet.ee/>
- Another page to buy tickets <https://kaugliinid.pilet.ee>. Using this page you are encouraged to buy the ticket to your Tallinn Smartcard, other alternatives are possible.
- **Route search** all over Estonia <http://www.peatus.ee>
- **Tallinn Bus Station** (intercity connections). Lastekodu 46, Tallinn, <http://bussijaam.ee>. You can call 12550 - paid helpline to receive information about tickets and timetables, daily 8 am - 8 pm. (Telia - 0,3196 €/min, Tele2 - 0,30 €/min, Elisa - 0,62 €/min – as May 2017). Calling from abroad + 372 6 800 900.

International bus lines

- **LuxExpress** (International and local bus lines) <http://www.luxexpress.eu/> Lux Express free helpline +372 680 0909 8 am – 10 pm.
- **Temprants** (Local and international bus lines to Russia, Ukraine and Belarus) <http://www.temprants.ee/>
- **Ecolines** <http://ecolines.net/en/>. Bus lines throughout the Baltics and Europe. Best way to get to Riga from Tallinn

Taxis

There is a big number of taxi companies in Tallinn. Following links help to find out the taxi companies, prices and call numbers:

- Taksod.net is a portal about taxis in Tallinn and other Estonian cities. <http://www.taksod.net> or also look at <http://www.takso24.com>

There are two major taxi companies in Tallinn that while more expensive have a good reputation.

- Tulika Takso (the biggest taxi company in Estonia) <http://www.tulika.ee> and Tallinna Takso

For both companies call in ph. 6120000 or short no 1200

- Tallink Takso <http://www.tallinktakso.ee>, ph. 6408921 or short number/mobile: 1921
- You can also choose Electric Taxi <http://www.elektritakso.ee/>, short no 1918
- Uber Estonia <https://newsroom.uber.com/estonia/>
- Taxify <http://taxify.eu> Download the app.

You should ask the driver for an estimate of how much the ride will be beforehand and check the posted rates in the window to avoid overcharging. The base fare / start price is usually €2.20 to € 4. Per-kilometer rates (one for daytime and one for night) should be around €0.35 to € 1,1. [Prices](#)

Taxi drivers are required to provide a printed receipt. Most taxi companies accept credit cards.

Gasoline stations

- Neste <http://neste.ee/>
- Circle K <https://www.circlek.ee>
- Alexela <http://www.alexelaoil.ee>
etc.

Trains

- **Balti jaam - Main Train Station**, Toompuiestee 37, Tallinn
- **Elron** <http://elron.ee>. You can take a train to nearby towns of Tallinn; to South- East of Estonia (Tartu, Valga); to South-West (Pärnu, Rapla, Türi, and Viljandi) and to East (Narva). A ticket can also be purchased for cash and added to the ID-card or Tallinn Smartcard.
- **GoRail** (to Moscow and St. Petersburg) <http://www.gorail.ee/>

Air traffic

- Tallinn Airport flight information <http://www.tallinn-airport.ee>
- Nordica <https://www.nordica.ee>

Ferry connections

- **Tallinn Harbour/Passenger Port** (Reisisadam). Sadama 25, Tallinn, <http://www.ts.ee>. Most of the ferry companies use the Passenger Port, which is divided into terminals A through D. If you have a ferry ticket, make sure to check the terminal.
- **Reservations** for all lines in Estonia and connections to Finland and Sweden: <https://laevapiletid.ee>
- **Linnahall Harbor**. Mere pst. 20, Tallinn <http://en.lindaline.ee>. Only **Lindaline** hydrofoils (Tallinn-Helsinki, not winter) use this harbour.
- **Tallink** (to Stockholm, Helsinki, Åland island) <http://www.tallinksilja.com/>
- **Viking Line** (to Helsinki) <https://www.vikingline.ee>
- **Eckerö Line** (to Helsinki) <https://www.eckeroline.ee>
- **TS Laevad** (information and reservations for boat tickets to Estonian islands of **Saaremaa** and **Hiiumaa**) <https://www.praamid.ee>
- **Kihnu Veeteed** (information and reservations for boat tickets to island of **Vormsi** (Sviby), **Prangli**, **Kihnu**, **Ruhnu**, **Aegna** and other small islands and in between Hiiumaa (Sõru) and

Saaremaa (Triigi)) <http://www.veeteed.com>

- To the island of Naissaare (close to Tallinn) <http://www.monica.ee/naissaare>
For more information and to find out about different ferry companies look at tourist magazines like Tallinn in Your Pocket etc.

Car rental

- Avis <http://www.avis.ee/>
- Tulika Premium <http://www.tulikapremium.ee/>
etc.

Telecommunication companies

Estonia's area code is +372...

Mobile service provides:

- **Telia** <https://www.telia.ee>
Telia prepaid card [Simpel](#) and [Super](#)
<http://www.diil.ee>
- **Elisa** <https://www.elisa.ee/>
Elisa prepaid card [Kõnekaart](#)
- **Tele2** <http://www.tele2.ee/>
Tele2 prepaid card [Tele2 Kõnekaart](#) and <http://smart.tele2.ee>
- **Skype** <http://www.skype.com>

TV and Internet

Public Internet access points have been set up all over Estonia. You can find free WiFi in cafés, stores, post office, libraries, concert halls, stadiums, beaches etc. There are over 1000 free wireless Internet zones around the country. Free map of Wi-Fi access points:

<https://wifispc.com/estonia>

The below mentioned companies provide TV and Internet services:

- **Telia** <https://www.telia.ee>
- **Starman** <http://www.starman.ee>
- **Elisa** <https://www.elisa.ee/> (Internet only + Starman TV)
- **Viasat** <http://www.viasat.ee> (TV only)
- **STV** <http://stv.ee/>
- **Tele2** <http://www.tele2.ee/> (Internet only)

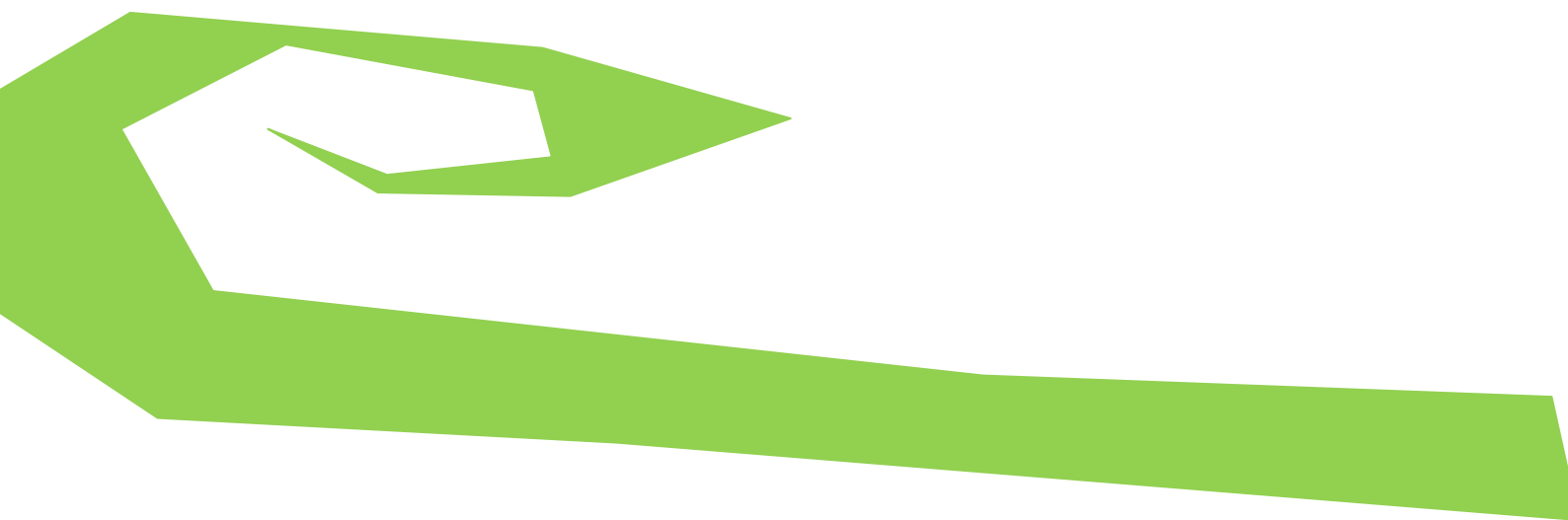
Postal services

- Eesti Post changed its name to Omniva <https://www.omniva.ee> List of local post offices is available on the Omniva home page.

Parcel service provides who have parcel terminals all over Estonia. (There are parcel terminals in many shopping centers):

- Smartpost <http://www.smartpost.ee/>
- Omniva <https://www.omniva.ee/private/parcel>
- DPD <https://www.dpd.com>

- DHL <http://www.dhl.ee>
- Ordering periodicals and books: <http://www.expresspost.ee/>, <http://www.tellimine.ee/>





ESTONIA WITH CHILDREN

X SCHOOLS & PRE-SCHOOLS

International education is offered by both private and public schools.

- **International School of Estonia**, ISE, www.ise.edu.ee, language of study is English. ISE offers a programme of academic instruction leading to a high school diploma and the possibility of the International Baccalaureate (IB) Diploma. ISE is authorized to provide the International Baccalaureate Middle Years Program (MYP) and the International Baccalaureate Primary Years Program (PYP). [ISE Brochure](#).
- **Tallinn European School**, TES, <http://www.est.edu.ee>, opened in 2013 with instruction in English and French and with a strong emphasis on foreign languages (incl. Estonian). The studies are based on the European School's curriculum. The secondary cycle at TES starts with S1 and continues for seven years until the pupils receive the European Baccalaureate (EB).
- **Tallinn English College**, <https://tik.edu.ee>, currently has accreditation for an IB Diploma Programme (DP) and Primary Years Programme (PYP). Every year a new IB class will begin and the IB curriculum will be extended to all the Middle Years Programme.
- **Audentes Private School** in Tallinn offers an IB Diploma Programme (DP), [IB Booklet](https://audentes.ee/ib) , <https://audentes.ee/ib>.
- **Estonian Business School**, EBS, High School only <https://ebs.ee>
- **Tallinn Finnish School** (Tallinnan Suomalainen Koulu), www.soomekool.fi, is financed by the Finnish government. The studies are in Finnish and are based on the Finnish curriculum. The children can participate in preparatory studies and primary education. Secondary education is offered through distance learning in cooperation with the Secondary School for Adults of Hämeenlinna.
- **Tallinn German Gymnasium** (Tallinna Saksa Gümnaasium), www.saksa.tln.edu.ee, has a German language section that is based on the intergovernmental agreement with the German Government and where the studies are conducted according to the German curriculum. The German language section is supported by the Centre of Foreign Education in Köln that provides the teachers and is counselling the school in pedagogical and economic matters. In German and English languages, history, mathematics, physics, chemistry and biology the studies are in German, with German teachers and according to the German curriculum. All other subjects are taught in Estonian. At graduation, the students get two certificates: the German Abitur certificate that lets them continue their studies in German universities and the Estonian certificate. The graduates get an II level language certificate that certifies passing the exams of German as a foreign language and allows them to apply for German universities without a language exam.
- **Tartu International School**, www.istartu.ee, is an English language private school in Tartu. The studies are based on the Estonian national curriculum that has been specifically adjusted for foreign children. The school offers basic education for students aged 6 –16. Pre-school is also offered.

- **Tartu Finnish School** (Tartu Suomalainen Koulu), www.tartonkoulu.net. The school is financed by the Finnish Government and is based on the Finnish curriculum.
- **Miina Härma Gymnasium** in Tartu, <http://mhg.tartu.ee>, offers an IB Diploma Programme (DP), Primary Years Programme (PYP) and Middle Years Programme (MYP).

Pre-school establishments

- The Tallinn Board of Education web site provides information on all kindergartens in Tallinn (both public and private) <http://www.haridus.ee> (in Estonian).

English language day care / kindergartens in Tallinn:

- International preschool of Estonia <http://www.ise.edu.ee/>
- International Kindergarten <http://www.kindergarten.ee/>

Information on pre-school establishments in Tartu can be found on the web site: <http://www.tartu.ee>

X WHERE TO GO WITH KIDS

You may find a lot of exciting things to do with kids if you check these pages:

- <https://www.visittallinn.ee>
- <https://www.visitestonia.com>
- <http://www.familywithkids.com>
- <https://lastega.ee> **Lastega** / With Kids is an Estonian language webpage providing all kinds of information on what to do and where to go with children. It includes search tools for children parks, birthday room rentals, baby schools, party entertainers, babysitter etc.

Choice of amusement parks and museums for children

- **Estonian Puppet Theatre and Puppet Museum.** Lai 1, Tallinn <http://www.nuku.ee/>
- **Children/Doll Museum.** Kotzebue 16, Tallinn <http://linnamuuseum.ee>
- **Museum Miia-Milla-Manda.** L. Koidula 21C Tallinn <http://linnamuuseum.ee>
- Go to one of the **Tallinn City Museums** (Artillery Tower Kiek in de K  k and Bastion Passages; Museum of Photography; House of Peter the Great or "The Old Palace"; or to the Museum-Caf   in the unique medieval tower Caf  -restaurant serving a historical menu. Look at <http://linnamuuseum.ee>
- **Estonian Children Literature Centre/Eesti Lastekirjanduse Keskus.** Pikk 73, Tallinn <http://www.elk.ee>
- **Science Centre Energy.** The exhibition building at P  hja pst. 29 in Tallinn is newly opened after the renovations <http://www.energiakeskus.ee>
- **Tallinn Zoo.** It has to entrance gates: Paldiski mnt.145 or Ehitajate tee 150 <http://www.tallinnzoo.ee/>
- **Seaplane Harbour Museum** (one of the most visited museums in Estonia), Vesilennuki 6, Tallinn. <http://meremuuseum.ee/lennusadam>
- **Estonian Maritime Museum** in Fat Margaret, Pikk 70, Tallinn, <http://meremuuseum.ee>
- **TV Tower.** Kloostrimetsa tee 58 A, Tallinn, <http://www.teletorn.ee>
- **Adventure golf centre.** Vabaduse v  ljak 9, Tallinn <http://www.elamusgolf.eu>

- **Kalev Marzipan Shop** is the ideal place to visit. Roseni 7, Tallinn <https://kalev.eu>

Outside Tallinn

- **Vembu-Tembumaa** (amusement park). Keskuse tee 2, Kurtina, Saku Municipality, Harju County. Park is opened June 1 to August 31 every day 10 am - 7 pm <http://www.vembu-tembumaa.ee/>
- **Lottemaa Theme Park**. Reiu village, Tahkuranna Municipality, Pärnu County <http://lottemaa.ee>
- **Science Centre AHHA**. Sadama 1, Tartu. <http://www.ahhaa.ee/>
- **Tartu Toy Museum**. Lutsu 8, 51006 Tartu <http://www.mm.ee/>
- **Estonian Road Museum**. Varbuse, Kanepi Municipality, Põlva County <http://www.maanteemuuseum.ee>
- **Ice Age Centre** (Jääajakeskus). Saadjärve 20, Äksi, Tartu County <http://jaaeg.ee>
- **Estonian Aviation Museum**. Lange Village, Haaslava Municipality, Tartu County <http://www.lennundusmuuseum.ee>
- **Ilon's World of Wonders** (Ilon Wicklands' museum, illustrator of Astrid Lindgren - author of famous Swedish children books). Kooli 5, Haapsalu <http://www.salm.ee>
- **Traffic City** (Liikluslinn). Võru County, Urvaste Municipality, Uue-Antsla Village. Opened during summer period. <http://www.liikluslinn.ee/>
- **Elistvere Animal Park**. Elistvere, Tabivere Rural Municipality Jõgeva County <http://www.rm.ee/elistvere-animal-park>
- **Vudila**. Kaiavere Village, Tabivere Rural Municipality, Jõgeva County. Outdoor waterpark is opened from the end of May to September. <http://vudila.ee>
- **Cantervilla Theme Park** in South Estonia. Pikajärve village, Valgjärve Municipality, Põlva County <http://cantervilla.ee>

There are more children or animal parks all over Estonia. Information is usually available at local municipality/town webpage or at local tourist office.

For more activities with kids look at the **"Museum"** section in this document as well.

Popular adventure parks

- **Nõmme Adventure Park**. Külmallika 15a, Tallinn (trails, water ball, rappelling) <http://www.nommeseikluspark.ee/>
- **Pirita Adventure Park**. Merivälja tee 5a, Tallinn <http://piritaseikluspark.ee>.
- **Viimsi Adventure Park**. Karulaugu tee Viimsi, Harju County, <http://www.viimsiseikluspark.ee>
- **In Tallinn Zoo**, Paldiski Road 145/Ehitajate Road 150 <http://zooseikluspark.ee>
- **Tartu Adventure Park**. Narva mnt 126D, Tartu <http://tartuseikluspark.ee>
- **Otepää Adventure Park**. Tehvandi 3, Otepää <http://www.seikluspark.ee/>
- **Valgeranna Adventure Park**. Valgeranna resting area, Audru, Pärnu County <http://www.valgerannaseikluspark.ee/>
- **Roosta Adventure Park**. Elbiku Village, Noarootsi Municipality, Lääne County <http://www.roosta.ee/>
- **Lontova Seikluspark**. Lontova tee 2, Kunda, Lääne-Virumaa County <https://www.lontovaseikluspark.eu>
- **Alutaguse Adventure Park**. Pannjärve, Vasavere Village, Illuka Municipality, Ida-Virumaa County <http://www.alutaguse.com>

Water parks

- **Kalev Spa.** Aia 18, Tallinn <http://kalevspa.ee/en/water-park>
- **Atlantis H2O Waterpark,** Randvere tee 11, Viimsi, Harju County <http://aquapark.ee>
- **Laulasmaa Spa Water Centre.** Puhkekodu tee 4, Laulasmaa, Keila Municipality, Harju County <http://www.laulasmaa.ee>
- **Keila Veekeskus.** Paldiski mnt 17, Keila <http://www.keilasport.ee/>
- **Tervise Paradiis.** Side 14, Pärnu <http://www.terviseparadiis.ee/>
- **Aura Veepark.** Turu 10, Tartu <http://www.aurakeskus.ee>
etc.

For bigger and smaller kids in Tallinn:

- **Skypark** (Trampoline Court) Pärnu mnt. 139E, Tallinn <http://www.skypark.ee/>
Zelluloosi centre includes Bowling, Trampoline centre, Megazone and indoor adventure park (Climbing Academy), Tartu Road 80, Tallinn, <http://www.ronimisministeerium.ee>, <http://www.megazone.ee/>, <http://www.zbatuudikeskus.ee>, <http://www.zbowling.ee/>
- **Laitse Rally Park.** Harju County, next to Ääsmäe- Haapsalu road 11 km. Traffic City and gamehouse for kids, go-cart, unique car collection etc <http://laitserallypark.ee>
- **FC Kalju House of Games** Football Club Nõmme Kalju operates in addition to football programs the House of Games which includes, a game room, hall on virtual games, climbing tracks and trampolines. Rannamõisa str. 3, Tallinn <http://www.ikkalju.ee/house-of-games>
- **Airsoft indoors,** Männiku Road 106, Tallinn <http://www.militaarseiklus.ee>
- **Virtual games room,** Räga 10, Tallinn <http://neoontuba.ee>
- **X Game Room,** Mustamäe Keskus, A.H. Tammsaare tee 104a <http://www.xgameroom.ee>
- Escape rooms are a relatively new type of entertainment that combines puzzle-solving and storytelling in a live immersive environment. Escape rooms are full of riddles providing adrenaline and excitement.
 - **Exit Room.** Minimum age 16+ <http://www.exitroom.ee>
 - **Nowescape.** Minimum age 14+ or 16+, one room 10+ <https://www.nowescape.com>
 - **Escape rooms of Claustrophobia.** Minimum age: 8+ with parents, 14+ without them or 14+ <https://tallinn.claustrophobia.com>
 - **Ilocked.** Minimum age 14+ or 18+ <http://ilocked.ee>

Laser games

- **Megazone.** Tartu mnt. 80D, Tallinn <http://www.megazone.ee/>
- **Lasergame.** Madara 22, Tallinn <http://www.lasergame.ee/>

Go Kart

- **Triobet kardikeskus.** Pärnu mnt 558a, Laagri, Saue Municipality, Harju County, ph. 679 8300 or 679 8530 <http://www.hobikart.ee/>,
- **FK keskus.** Paldiski mnt 229a, Tallinn, ph. +372 60 67 000 or 6 870 101 <http://fkkeskus.ee>
- **Laitse Rally Park** <http://www.laitserallypark.ee>

Paintball

- <http://www.paintballitakso.ee/>, <http://www.adrenaliin.ee>, <http://paintballikeskus.ee/>, <http://spk.ee>

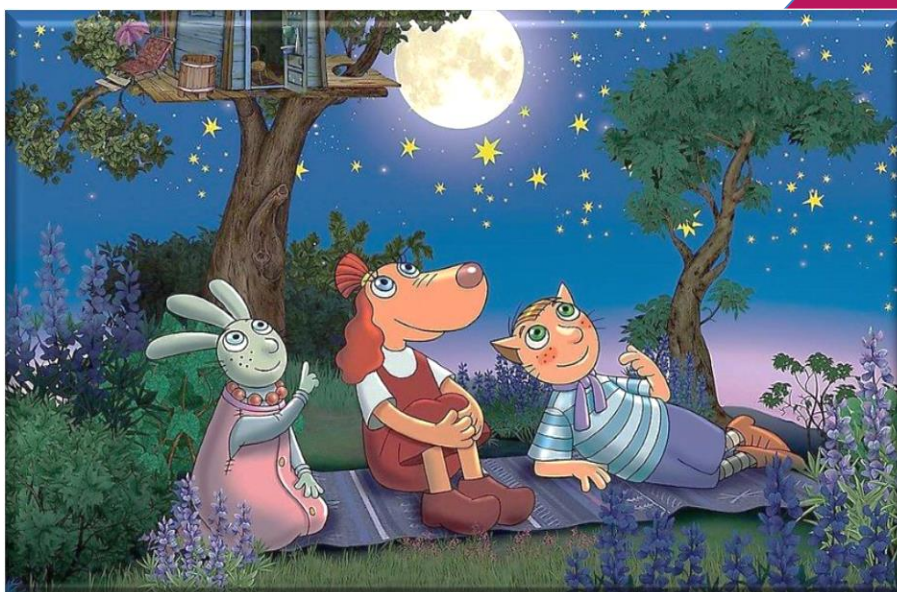
For the small ones

You can find a wide variety of smaller and bigger indoor playgrounds and playrooms in Tallinn. These are most suitable for smaller kids. Some are open to the public - for mothers and toddlers to come and play, the others rent rooms for birthday parties. Some centres also offer babysitting for limited hours during the day time. Unfortunately, most of the homepages are only in Estonian. Look at:

Juku mängumaa <http://www.mangumaa.ee> (Juku Mängumaa has 3 playgrounds in Tallinn), Red Plays Centres <http://www.reds.ee/en/>, Sisehoov (with interactive games and mirror labyrinth) <http://www.sisehoov.ee/>; Mänguplaneet <http://www.manguplaneet.ee>, Minimängutuba <http://www.minumangutuba.ee>, Vallatus <http://www.vallatus.ee>, Juunimägi <http://www.juunimagi.ee>, Nipi Mängumaa <http://www.nipi.ee>, Trallituba <http://www.trallituba.ee/>, Viimsi Spa Children Centre <http://www.spatallinn.ee>, Bronto Mängutuba <http://www.bronto.ee>, Piip&Tuut Mängumaja <http://www.piipjatuut.ee>, Alibaba Party and Play <http://www.alibaba.ee/>, Playroom <http://playroom.ee>, Hopp Mängutuba <http://www.hopp.ee>, Imeline Mängumaa <http://www.imeline.eu>, Sisehoov Mängutuba <http://www.sisehoov.ee>, Lasteklubi Väike Päike <http://www.lasteklubi.ee/>, Lolo Pepe <http://www.lolopepe.ee>, Vallatuste Mängutuba <http://www.vallatus.ee/>, Event Studi Zig-Zag Mängutuba <http://www.zig-zag.ee/>, Stuudio Tasapisasakaal <http://tasapisi.ee/>, Tipa-Tapa Mängutuba <http://www.tipa-tapa.ee/>, Võlumaa <http://www.volumaa.pri.ee/>, Matu Lastekeskus <http://www.matulastekeskus.ee>, Tähetorn Lastekeskus <http://www.lastekeskus.ee>, Mängumaa Kukerpall <http://www.kukerpall.ee> (has also baby equipment rental) etc.

Other

- Babysitters, domestic help, tutors <http://et.look4care.com>
- Ogogo School of Robotics for small kids, courses take place in different schools in Estonian and Russian <http://ogogo.ee>





TOURIST INFORMATION

Tourism portals

- **Official Tourism Website of Estonia** <http://www.visitestonia.com>.
- **Official Tourism Website for Tallinn.** More specific information, incl. bookstores, eco-life, art and design shops, markets, sports and leisure, spas, catering, cultural events, transport etc. The Tallinn Tourist Information Centre is located at Kullassepa 4/Niguliste 2, <https://www.visittallinn.ee>
- **Tallinn City Government** administrative information <http://www.tallinn.ee>. This is a good source of information on public transportation, dental care, medical specialists and sport clubs in Tallinn. A lot of information is available only in Estonian.
- **Estonian Tourism Portal** is especially good if you look for general services, shopping, accommodation, medical services, food & catering, transport, free time etc. www.turismiweb.ee/
- **Travel Estonia** <http://www.travelestonia.eu/>. Another website which helps you get around in Estonia.
- Travel information portal **Estnet** or **ViroWeb** in Finnish <http://www.estnet.info>
- **The Rural Tourism** portal covers rural tourism <http://www.maaturism.ee>
- **State Forest Management Centre (RMK).** A perfect website if you are interested in Estonian forests. Provides information on hiking and biking trails, forest cabins, public fire places etc. RMK has information desks all over Estonia which provide printed materials on trails and Recreation sites <http://rmk.ee>, (subpage <http://loodusegakoos.ee>)
- For information on **beaches** in and around Tallinn check out the Official Tourism Website of Tallinn beaches and promenades <https://www.visittallinn.ee/top-5-beaches-in-tallinn>; <http://visittallinn.ee/SeasideTallinn>. Most popular beaches are [Pirita](#), [Kakumäe](#) and [Stroomi](#). A lot people prefer to spend time at seaside just outside Tallinn, especially on beaches along Tallinn-Klooga road.
- **Estonian Manors** provides information on historical manor houses all over Estonia <http://www.mois.ee/>

More links about Estonia:

- Practical and tourist information about Estonia www.likealocalguide.com/tallinn
- Tallinn in Your Pocket gives tips on where to go in Tallinn <http://www.inyourpocket.com/tallinn>
- The Baltic Guide <http://balticguide.ee>
- DiscoverEst offers various tours in addition to general information and different facts and traditions in Estonia <http://www.discoverest.com/>

Tourist magazines

Look for following booklets in tourist offices and hotels.

- **Tallinn in Your Pocket** gives tips on where to go in Tallinn. <http://www.inyourpocket.com/estonia/tallinn>

- **Tallinn This Week** is published in English and Finnish six times per year and focuses on news and events in Tallinn.
- **Tallinn Tourist** is a monthly English magazine for tourists.
- **Tallinn Dining** gives restaurant recommendations and reviews.
- **Shopping in Tallinn** is available in English and Finnish.
- **Tallinn Shopping** is another magazine on shopping in English.

Tallinn Tours

- Tallinn **Citytour** (www.citytour.ee) is a hop on hop off bus and the ticket is valid on all lines for at least 24 hours. Tickets can be bought on Tallinn City Tour buses, at larger hotels, at the cruise port and at participating museums.
- **Tallinn Traveller Tours** offers alternative tours and day trips in Tallinn and Estonia. <http://www.traveller.ee/> Most popular is the Tallinn Free Tour (<http://www.traveller.ee/tour/tallinn-free-tour>), which starts every day at 12:00pm in front of the Tourist Information Center (Niguliste 2). This is a walking tour guided by local young students. For groups bigger than 8 people please book in advance at tallinn@traveller.ee or ph+372 58 374 800, Viru 6, Tallinn.
- **Audioguide Old Town Tour** <http://www.audioguide.ee/en> Self-guided tours for personal use you can download in mp3 or compatible cellular phone formats.

National parks

Information in English about Estonian National Parks is available at:

- <http://www.visitestonia.com/en/holiday-destinations/national-parks>,
- <http://loodusegakoos.ee/national-parks> has information provided by the State Forest Management Centre (RMK).

National Parks in Estonia:

- **Lahemaa National Park** was created to protect Estonian forests, marshlands and coastal ecosystems. The main information office is located in the Palmse manor complex, Palmse village, Vihula Municipality, Lääne-Virumaa County. ph. 329 5555. Lahemaa National Park gives a great overview of most natural and cultural landscapes of Estonia. <http://loodusegakoos.ee/lahemaa>
- **Soomaa National Park**. ph. 43 57 164, mob. 52 61 924, soomaa.teabepunkt@rmk.ee. It is famous for its spring floods called the "5th season" <http://www.soomaa.com/>
- **Karula National Park**. Ähijärve Village, Antsla Rural Municipality, Võru County, ph. 782 8350 or 5304 3504 <https://loodusegakoos.ee//karula-national-park>
- **Matsalu National Park**. The information office is located at Lihula Municipality, Penijõe manor, II floor. It was created to protect nesting, molting and migratory birds and is famous for bird watching. (<https://loodusegakoos.ee/matsalu-national-park>, <http://visitmatsalu.ee>)
- **Vilsandi National Park**. The information center is located in Loona manor, Loona village, Kihelkonna Municipality, Saaremaa <http://www.saaremaanaturetourism.eu/Vilsandi-National>, <https://loodusegakoos.ee/vilsandi-national-park>

Estonian towns and counties (incl. travel information)

- Tartu www.tartu.ee, <http://visittartu.com>, <http://www.tartu.ee>
- Pärnu <http://www.parnu.ee>, <http://www.visitparnu.ee>

- Islands <http://saared.ee>
- Saaremaa <http://www.saaremaa.ee>
- Hiiumaa <http://www.hiiumaa.ee>
- South Estonia <http://www.southeastonia.ee>
- North Estonia <http://www.northeastonia.ee>
- West Estonia <http://www.westestonia.ee>
- Setomaa <http://www.setomaa.ee>
- South Viljandi County <http://www.mulgimaa.ee>
- Viljandi <http://www.viljandi.ee>
- Rakvere www.rakvere.ee
- Narva <http://tourism.narva.ee>
- Harju County (around Tallinn) <http://visithariu.ee/en/>



**Tallinn Old
Town street**



CULTURE & ENTERTAINMENT

X EVENT & PLACE INFORMATION

Tickets

The easiest way to buy tickets is over the Internet. Piletilevi and Piletimaailm are the leading providers for online ticketing services. The list of sales points is also available on their homepage. Most shopping centers have a sale point of Piletilevi or Ticketpro.

- Piletilevi <http://www.piletilevi.ee/>
- Piletimaailm <https://www.piletimaailm.com/>

Music & Theatre

- **Estonian National Opera and Ballet.** Estonia pst. 4, Tallinn. The box office is open every day 11-19 (except for public holidays) <http://www.opera.ee/>
- **Estonia Concert Hall.** Estonia pst 4, Tallinn. The box office is opened Mon – Fri 12-19, Sat 12-17, Sun 1 hour before the concert <http://www.concert.ee>
- **Nordea Concert Hall.** Nordea Concert Hall is adjacent to Solaris Center. The entrance to the building is from Rävala Street. Ticketpro Piletikeskus is situated close to the main entrance of Nordea Concert Hall and also sells tickets to events in the Nokia Concert Hall, open daily 10-22 <http://tallinnconcerthall.com>
- **Estonian State Puppet Theatre.** Lai 1, Tallinn. The box office is open every day 10-18, <http://www.nuku.ee>
- **Mustpeade maja.** House of the Brotherhood of the Black Heads. Pikk 26, Tallinn, hosts classical music concerts and is home to the Tallinn Philharmonic Society, <http://www.filharmonia.ee>
- **Niguliste Museum-Concert Hall.** Niguliste 3, Tallinn <http://nigulistemuuseum.ekm.ee>. Different concerts, incl. organ music concerts are held in Niguliste Concert Hall.
- **Saku Suurhall** is the most common location for big musical events. Paldiski mnt 104b, <http://www.sakusuurhall.ee>
- The list of **theatres** in Estonia can be found at <http://www.teater.ee>. The repertory of Estonian theaters is mostly in Estonian. The main State Theatres in Tallinn are the Estonian Drama Theatre (Pärnu mnt.5) and the Tallinn City Theatre (Lai 23). The Russian Drama Theatre (Vabaduse väljak 5) produces plays in Russian mostly by Russian authors, but also translations, including some Estonian plays. There are many smaller theatre groups in Tallinn and all over Estonia. Theatre NO99 <http://www.no99.ee/>, Von Krahli Theatre <http://vonkrahli.ee> VAT Theater <http://www.vatteater.ee> and R.A.A.A.M <http://www.raaam.ee> are the best known of them. Estonia is famous for its summer plays.
- Estonian National Symphony Orchestra <http://www.erso.ee/>
- Estonian Philharmonic Chamber Choir <http://www.epcc.ee/>
- Tallinn Philharmonic Society <http://www.filharmonia.ee>

- General information about Estonian music and music institutions <http://www.estmusic.com/>
- **Event calendar** www.culture.ee, **where to go** <http://www.kultuurikava.ee>
Event calendar <http://www.festivals.ee>
- Song and Dance Celebration info <http://laulupidu.ee>
- Estonian Literature www.estlit.ee
- Hooandja is a portal which strives to support Estonian culture projects
<http://www.hooandja.ee>
- Estonian Traditional Music Center <http://www.folk.ee>
- Estonian Movie Database <http://www.efis.ee>
- **Kulutuuriatel/ Tallinn Creative Hub.** The objective is to shape the reconstructed Creative Hub in Northern Tallinn as a development center for culture exports and local creative industry, as an attractive part of urban space and as a learning and leisure center. International and local exhibitions, workshops, music events, conferences and lectures take place there. Põhja pst 27a, Tallinn, ph. 56201115 <http://kultuurikatel.ee>
In second half of 2017, when Estonia hold the Presidency of the Council of the European Union, the top events took place in Tallinn Creative Hub.
- **Telliskivi Creative City/Loomelinnak.** The activity of Telliskivi Creative City in Northern Tallinn has changed the former Baltic Railway factory area into a vibrant urban centre – there are 10 buildings that now house a varied array of offices, cultural facilities, shops and bars. Telliskivi 60A, Tallinn <http://telliskivi.eu>

Cinemas

All cinema and TV programs are available on Estonian language website

<http://www.kavad.ee/>

There are two big cinemas and two Art House Cinemas in Tallinn.

- **Apollo Cinema.** In Solaris Shopping Centre, Estonia pst 9, Tallinn and in Mustamäe Keskus, A.H.Tammsaare tee 104a, Tallinn <https://www.apollokino.ee>
- **Coca Cola Plaza Cinema,** Hobujaama 5, Tallinn <http://www.forumcinemas.ee/>
- **Viimsi Kino.** A new cinema in Viimsi Centre <http://viimsikino.ee/>
- **Sõprus Kino** (Art House Cinema). Vana-Posti 8, Tallinn. Sõprus Kino screens both classic and contemporary films that do not fit into standard multiplex format. In addition, they also provide other forms of art, including music, visual arts and theatre <http://kinosoprus.ee/>
- IMAX cinema **Kosmos**, Pärnu mnt 45, Tallinn, <http://kinokosmos.ee>
- **Artis Cinema** (Art House Cinema). It plays mostly European Art movies, but Asian box office movies and American indie-movies are sometimes shown. Artist Cinema is also a member of [Europa Cinemas](http://www.kino.ee/). It is located on the third floor of the Solaris Centre, with the entrance on Rävala puistee. <http://www.kino.ee/>
- **5D Cinema** in Kristiine Centre. Endla 45, Tallinn. The only 5D cinema in Tallinn.
- **SuperNova** - Estonia's First 4K Cinema Hall. Narva Road 27, Tallinn, in the NOVA Building of Baltic Film, Media, Arts and Communication School of Tallinn University 4th floor, room N406. <http://www.kinosupernova.ee>

X CULTURAL EVENTS MONTHLY

Cultural festivals, concerts and fairs make up an important part of Estonia's cultural

Estonian Ministry of Foreign Affairs Family Association

calendar. Over half of the population attends such events during the year. The following is a list of some of the biggest cultural events going on in Estonia.

More information is available at:

- <http://www.culture.ee/>
- <http://www.tourism.tallinn.ee>
- <https://estonia.ee/enjoy>

APRIL

Tallinn Music Week

Tallinn Music Week is a showcase festival. Its goal is to present the most exciting pop music talents from Estonia and all over the region to the international music industry and press as well as to local audiences and music companies. www.tallinnmusicweek.ee

Estonian Music Days

<http://www.eestimuusikapaevad.ee>

International Jazzkaar Festival

Jazzkaar is Baltic's biggest annual jazz festival and welcomes world class jazz musicians. In addition to the springtime Jazzkaar Festival, a Christmas Jazz festival called Jõulujazz takes place in December. <http://www.jazzkaar.ee>

MAY

Tallinn Literature Festival "HeadRead"

HeadRead is a celebration of literature that takes place in Tallinn. The motto of the festival is "A readable feast"; it is a feast of literature, words and language. <http://headread.ee>

JULY

Nargen Festival

Estonia's most unique music festival was brought into being by world-famous conductor Tõnu Kaljuste in 2006. In order to attend this festival's performances, one must first embark on a maritime voyage across the Tallinn Bay to one of its sparsely populated small islands. Festival's culturally diverse programme ranges from traditional folk music to world-class music performances. www.nargenfestival.ee

Song and Dance Celebration

Every five years, tens of thousands of Estonians gather in Tallinn to take part in the Song and Dance Celebration. The Song Festival is an enormous open-air choir concert held at the Tallinn Song Festival Grounds. These two festivals commence with a united festive parade through the city from the center of Tallinn to the Song Festival Grounds. <http://sa.laulupidu.ee>

Muhu Future Music Festival "Juu Jääh"

This festival takes place on the small island of Muhu and features classical, jazz, and world music. The concerts take place at old farmyards, churches, and manor houses. www.nordicsounds.ee/

International Theatre Festival "Baltoscandal"

This biennial alternative theatre festival is held in the small northeastern town of Rakvere.

First planned, as its name implies, as a meeting place for Baltic and Scandinavian groups, it has long become a veritable international event with performers from all over the world. The festival also features a live music club and various theatre and dance workshops.

Saaremaa Opera Days

Estonia's first opera festival was born in 1999 in Kuressaare, the capital of the Estonian island of Saaremaa. Today opera troupes from Russia, Latvia and Lithuania have performed at the Saaremaa Opera Days, and directors and soloists have come from well-known opera houses in Vienna, Moscow, the Nordic countries, Germany, Brazil, and elsewhere. <http://www.concert.ee/saaremaa-opera-days>; <https://www.saaremaaopera.com>

Viljandi Folk

Viljandi Folk is Estonia's biggest and most acclaimed traditional folk music festival and takes place in the small central Estonian town of Viljandi. Over four days attendees can hear nearly 200 performers, participate in instrument workshops, attend film screenings, and much more. <http://www.folk.ee>

Tallinn Maritime Days

Tallinn Maritime Days brought together more than 180,000 visitors to different events of the sea festival in 2017 <http://www.tallinnamerepaevad.ee>.

AUGUST

Leigo Lake Music Festival

The Leigo Lake Music Festival wishes to unite stunning nature and beautiful music. Taking place on the picturesque shores of small lakes in Southern Estonia, the festival treats its listeners to jazz, rock, folk, as well as classical music. www.leigo.ee/lake_music_festival

Estonian Bluesfest "Augustibluus"

For the 19th time, the summertime Estonian Bluesfest will turn the little town of Haapsalu into a musical paradise. For two nights the main stage in the courtyard of the Bishop's Castle will present bands from all around the world. During the day one can take part in various workshops and enjoy acoustic concerts in the old railway station. www.augustibluus.ee

Viru Folk

Viru Folk is a traditional folk music festival that takes place in the Northern Estonian seaside captains' village of Käsmu. In addition to music performances, festival-goers can also participate in film, poetry, and environmental programmes. www.virufolk.ee

Birgitta Festival

The Birgitta Festival, started in 2005, takes place in the ruins of St. Bridget's Convent in Tallinn every August and has developed into Tallinn's signature festival. The festival programme has included classic operas, dance performances, and other types of stage shows. <http://www.birgitta.ee>

Kuressaare Maritime Festival

The Maritime Festival in Saaremaa highlights the long voyages and explorations of Estonians and the trips across the ocean by the Saaremaa seamen. You can watch the traditional marine

festival regatta and demonstrations of different vessels in the yacht marina.

<http://www.merepaevad.ee>

Historical Festival "Narva Battle"

"Narva Battle" as an international festival has grown into the main event of summer in Narva and it brings together military-historical clubs from all over Northern Europe to meet at the Narva Castle.

SEPTEMBER

The Estonian Theatre Festival Draama

Draama Festival takes place in Tartu at the beginning of September. The Estonian Theatre Festival Draama is a curator festival. The main programme consists of the most interesting and the best plays.

NOVEMBER

Tallinn Black Nights Film Festival

The Tallinn Black Nights Film Festival (PÖFF) is one of the largest and most distinctive film events in Northern Europe. The festival is a unique event combining a feature film festival with sub-festivals focused on animated films, student films, and children's/youth films.

<http://2012.poff.ee/>

DECEMBER

International Theatre Festival "Midwinter Nights Dream"

The festival takes place every two years at Tallinn City Theatre and features artists from various locations and cultures around the world.

X MUSEUMS

A list of Estonian museums can be found here:

- <http://www.visitestonia.com/en/things-to-see-do/>
- Museums <http://www.muuseum.ee>
- **Estonian Art Centre** provides information in English about exhibitions, galleries, art studios and many other events in connection with art. Look at the section Art This Week: <http://www.kunstikeskus.ee/>

Here is a list of some museums:

- **The Art Museum of Estonia (KUMU).** Weizenbergi 34/Valge 1, Tallinn <http://www.ekm.ee/>
- **Estonian Museum of Applied Art and Design.** Lai 17, Tallinn <http://www.etdm.ee/>
- **Open Air Museum.** Vabaõhumuuseumi tee 12, Tallinn, www.evm.ee
- **Estonian History Museum.** Great Guild Hall, Pikk 17, Tallinn <http://www.ajaloomuuseum.ee/>
- **The Museum of Natural History.** Lai 29A, Tallinn, <http://www.loodusmuuseum.ee>
- **Tallinn Botanic Garden,** Kloostrimetsa tee 52, Tallinn <http://tallinnbotanicgarden.org>
- **Tallinn City Museum** consists of many museums (City Museum - Vene 17; Kiek in de Kōk & Bastion passages - Komandandi tee 2, and other museums). Look at: <http://linnamuuseum.ee>
- **Estonian National Museum.** The main building Vicki 32, Tartu <http://www.erm.ee/>. The Estonian National Museum is an ethnologically and cultural-historically oriented museum which aims at reflecting everyday life and culture. The new building in Tartu was opened in

2016 and has 6000 square meters of exhibition space.

- **Seaplane Harbour Museum** (one of the most visited museums in Estonia) , Vesilennuki 6, Tallinn. <http://www.lennusadam.eu/>
- **Estonian Maritime Museum in Fat Margaret**, Pikk 70, Tallinn, <http://meremuuseum.ee>
- **TV Tower**. Kloostrimetsa tee 58 A, Tallinn, <http://www.teletorn.ee/>

X BOOKS & LIBRARIES

Foreign literature

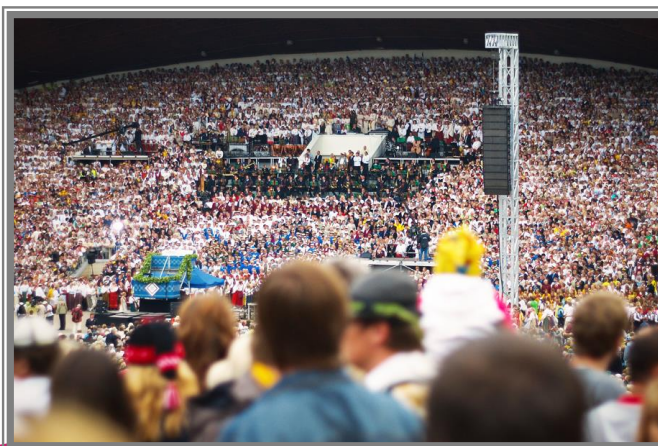
The following bookstores carry books in foreign languages:

- **Apollo**. In Tallinn, it has stores in Solaris, Ülemiste, Kristiine and Viimsi shopping centers. The webpage is available also in English www.apollo.ee
- **Rahva Raamat**. In Tallinn it has stores in Viru and Rocca al Mare shopping center and Pärnu mnt 10, <http://www.rahvaraamat.ee>
- **Slothrop**. Pikk 34, Tallinn, <https://www.facebook.com/slothrops/>. A bookshop in Tallinn's Old Town that focuses on foreign-language books (primarily English). Slothrop has the largest selection of secondhand English-language books in Estonia.
- **Krisostomus** is a bookshop in Tartu selling English language books and e-books also online, <http://www.kriso.ee>
- **Allecto**. Juhkentali 8, Tallinn. Ordering books and school books from abroad <http://www.allecto.ee/>.

Libraries

Libraries with Foreign Language Literature Departments in Tallinn:

- **Tallinn Central Library/Keskraamatukogu**. Department of Literature in Foreign Languages is at Liivalaia 40, Tallinn. Open Mon - Fri 10-19, Sat 10-17
Sun closed, ph. 683 0960. The main building is located at Estonia pst. 8.
<http://keskraamatukogu.ee>
- **Estonian National Library/Eesti Rahvusraamatukogu**. Tõnismägi 2, Tallinn
<http://www.nlib.ee/en/national-library-of-estonia/> has a large collection but you often cannot borrow books. They must be read on the premises.
- **Estonian Libraries Catalogue**. Internet search tool for all major libraries over Estonia.
<http://www.nlib.ee/>



Laulupidu



LEISURE & EXERCISE

X DIFFERENT SPORT POSSIBILITIES

The Tallinn City Government portal (Estonian only) provides information on parks, trails, swimming pools, tennis and badminton courts, sport clubs, ice rinks etc. <http://www.tallinn.ee/est/sport/Sportimisvoimalused-Tallinnas-2>. You may also search from Estonian sport register <https://www.spordiregister.ee>. For active holidays consult <http://www.visitestonia.com> and look for *Things to Do and See - Active Holiday*. You can get a good overview of sailing and surfing in the *Water Activities* section. The *winter sport* section covers cross-country, alpine skiing and ice skating.

Golf

Estonia has several golf courses, all set in beautiful landscapes and usually open from May to November. There are nine golf clubs in Estonia that are usually non-profits with golfers holding private membership. However, golf clubs usually don't own or operate golf courses. Golf courses are mostly operated by trading companies with private shareholders or investors. The membership of some golf clubs can be obtained only by possessing or purchasing holdings of golf course operator.

Popular 18-hole golf courses in Estonia (the first three are close to Tallinn):

- **Estonian Golf and Country Club**/Jõelähtme Golf. Manniva village, Harju County, ph. +372 602 5290, <http://www.egcc.ee/>
- **Niitvälja Golf**. Niitvälja, Keila Municipality, Harju County, ph. +372 67 80 454, <http://www.niitvaljagolf.ee/>
- **Rae Golf Club** is closest to Tallinn. Suuresta, Rae Municipality, Harju County, ph. +372 524 7700 <http://golfx.ee>
- **Otepää Golf Club**. Looritsa, Mäha village, Otepää Municipality, Valga County, ph. +372 5620 0115, <http://www.otepaagolf.ee>
- **Saare Golf**. Merikotka 22, Kuressaare, Saaremaa, ph. +372 45 33 502 <http://www.saaregolf.ee/>
- **White Beach Golf**/Valgeranna Golfklubi. Valgeranna, Audru Municipality, Pärnu County, ph. +372 44 29930 <http://www.wbg.ee>. Golf course close to Pärnu and next to the popular White Beach (Valgeranna).

Popular 9 Hole Golf Courses:

- **Haapsalu Golf.** Mägari Village, Ridala Municipality, Lääne County, mob. 525 0261, <http://www.haapsalugolf.ee>

Sailing

Estonia has an ideal location for sailing: more than 3,700 kilometers of coastline, countless bays, straits, inlets and more than 1500 islands and islets.

For a list of yacht clubs and schools as well as for championships held in Estonian waters consult the homepage of Estonian Sailing Association <http://www.puri.ee>. In Tallinn, there are two Yacht Clubs - Kalev Yacht Club (Pirita tee 17) and Tallinn Yacht Club (Regati pst. 1). Otemarina Yacht Club is located close to Tallinn, in Tabasalu (Ranna tee 2, Tabasalu, Harku Municipality, Harju County).

Surfing

Estonia is windy, with a jagged coastline and waters off the Estonian coastline are shallow, making it ideal for windsurfing and kite surfing. This sport can also be practiced on a large number of Estonian lakes.

Best locations to enjoy surfing close to Tallinn:

- **Vääna-Jõesuu** (25km from Tallinn). A beautiful beach with very good wind conditions.
- **Kaberneeme harbour** (30km from Tallinn) offers a beautiful beach with a view over tiny islands and historic fishing villages. Equipment rental available.
- **Beaches in Tallinn** are best for beginners and intermediate level surfers. It is possible to rent equipment and take surfing lessons at a number of beaches including Pirita and Harku.
- **Kakumäe surf** <http://www.kitesurf.ee> - kitesurfing, sup, skimboard, windsurf courses.

Some more hints:

- **Paradise Beach in Ristna**, Hiiumaa is known as “a surfer’s paradise”, because of almost constant heavy winds. <http://www.paap.ee/>
- If you are interested in kite surfing, windsurfing or stand up paddle boarding in **Pärnu** consult Pärnu Surf School <http://www.surfsport.ee/>
- **Roosta holiday camp** (near Haapsalu, 115km from Tallinn) is perfect choice for a longer all-in-one surf vacation for beginners.
- **Saaremaa Island** has their own surf school as well.

Horseback riding

- Horseback riding is becoming more and more popular in Estonia. There are various riding schools and tourist farms all over the country providing incredible opportunities to discover amazing forest trails and beautiful scenery.
- **Interactive map of all stables**, riding centers and <https://www.google.com/maps>
- <http://www.maaturism.ee>
- <http://www.turismiweb.ee/en/category/horse-riding>
- The following Estonian Equestrian Federation webpage (in Estonian) provides information about everything connected with horses including a list of trainers.: <http://www.ratsaliit.ee>

Some riding centers in and around Tallinn:

- **Tondi Maneez.** Tondi 30, Tallinn, Tel: 520 8159 or 655 7205 <http://www.tondimaneez.ee/>

- **Veskimetsa Riding School.** Paldiski mnt. 135, Tallinn, Tel: +372 6563 904
<http://www.veskimetsa.ee/>
- **Hobuteenused.** Kalaoja farm, Hingu village, Kernu Municipality, Harju County, Tel: +372 56957425 <http://hobuteenused.ee/>
- **Nuhja Tall.** Lagedi, Harju County, Tel: +372 5073401 <https://www.facebook.com//Nuhja-Tall>
- **Ruila Stables.** Ruila village, Kernu Municipality, Harju County +372 512 3713
<http://ruilatall.ee>
- **Niitvälja Riding School.** Niitvälja village, Keila Municipality, Harju County, +372 51 566 37
<http://www.nrk.ee/>

It is always suggested to book your class beforehand.

Hiking

Estonia's diverse nature offers a variety of hikes. Some information can be found on the following sites:

- The State Forest Management Centre (RMK) offers a nature trail search engine and trip planning. (available in English) <http://loodusegakoos.ee>
- <https://www.facebook.com/MatkaEestis>. Though most of the information is in Estonian, you may find information on hikes and walks for all seasons.
- <https://www.visitestonia.com/en/what-to-see-do/nature-wildlife/hiking-nature-tours>
- Rural Toursim <http://www.maaturism.ee/en/eesti/Active+Tourism/Hiking/>

Tennis

The most comprehensive overview of this very popular sport is available on the (Estonian). <http://www.tennis.ee> .Look at "keskused ja väljakud" (centers and squares).

Fitness & Sport Clubs

A list of different fitness clubs as well as Yoga and Pilates studios can be found at (Estonian): <http://www.fitness.ee/klubide-nimekiri>.

Some of the sport clubs include but are not limited to

<http://www.revalsport.ee>, <http://www.sparta.ee>, <http://spordiklubi.zelluloos.ee>,
<http://www.arcticsport.ee>, <http://audentesfitness.ee>
<http://www.arigato.ee>, <http://www.bestselect.ee>, <http://www.meritonsport.ee>
<https://www.myfitness.ee>, <http://www.goldenclub.ee>, <http://sport.idakeskus.ee>

Swimming and Spas

Lists of swimming pools:

- Pools and spas all over Estonia <http://www.turismiweb.ee>
- Pools in Tallinn <http://www.tallinn.ee> or <http://heinrichsillang.blogspot.com>

Some swimming pools in and around Tallinn:

- **Nõmme swimming pool.** Vabaduse pst. 156 <http://www.tsh.ee>
- **Õismäe swimming pool.** Ehitajate tee 109a/2 <http://www.tsh.ee>
- **Kalev Spa.** Aia 18 <http://kalevspa.ee/en/water-park>
- **Pirita Top spa.** Regati pst. 1 <https://www.tallinkhotels.com/et/pirita-spa-hotel/sports-centre>

- **Radisson Blue** Hotel Olümpia. Liivalaia 33 <http://www.club26.ee/>
- **Outdoor pools** (in summer only): Nõmme Spordikeskus, Külmallika 15a.
- **Viimsi Spa**. Randvere tee 11, Viimsi 74001, Harju County, <http://www.spatallinn.ee>
- **Audentes**, Tondi 84, Tallinn <http://audentesfitness.ee>
- **Tabasalu Sport Centre**. Kooli 1, Tabasalu, <http://www.tabasalusport.ee>
- **Keila Tervisekeskus**, Paldiski mnt 17, Keila <http://www.keilasport.ee/>
- **Spas:**
- Spas all over Estonia: <http://www.estonianspas.eu>
- Spas in Tallinn: <http://spaafan.jaager.net> or <https://www.visittallinn.ee>

Skiing

Although Otepää holds the title of Estonian winter capital, there are plenty of possibilities to practice cross country skiing in Tallinn and other places around Estonia. Alpine skiing is possible in a few places here as well.

Cross country skiing

The following sport centres in Tallinn have well-lit, professional standard tracks and offer equipment rental.

- **Nõmme Spordikeskus**. Külmallika 15a Tallinn <http://www.sportkeskus.ee/>
- **Pirita Spordikeskus**. Rummu tee 3, Tallinn <http://www.piritaspordikeskus.ee/>

Alpine skiing and snowboarding

The length of opening season depends on the snow conditions.

- Look at <http://www.visitestonia.com/en/things-to-see-do/active-holiday/wintersports/skiing-snowboarding>

Snow Parks (equipment rental is available):

- **Nõmme Snow Park**. Vana-Mustamäe 16, Tallinn <http://www.nommelumepark.ee/>
- **Winterpark** at Tallinn Song Festival Square <http://www.winterpark.ee>
- **Kuutsemäe resort** in Otepää <http://www.kuutsemae.ee>
- **Ski and Adventure Park** in Kiviõli, 133 km from Tallinn. The centre offers a lot of activities for summer and winter. It took 12 years to shape an ash hill (oil-shale production surplus) of 6,2 million tonnes of weight to a world-class health-, skiing-, motor-, bike- and other adventure sport activities center <https://tuhamagi.ee>

Webpages are renewed before the winter season begins. There might not be much information available throughout the year.

Skating and Ice Hockey

- **Jeti Jäähall**. Suur-Sõjamäe 14B, Tallinn <http://www.jeti.ee/>
- **Skoda Jäähall**. Haabersti 3, Tallinn <http://www.icearena.ee>
- At Harju street and Nõmme Market (not every year) ice rinks are opened during the winter months <http://www.uisuplats.ee/>

There are new small ice rinks opened every year in different places. There is also an ice rink in Nõmme Spordikeskus, Külmallika 15a.

Rollerblading

Rollerblading is very popular. When the weather turns warmer, one could see hundreds of people rollerblading in special tracks around Tallinn.

- <http://klubifox.com>
- <http://www.rullibaas.ee>
- <http://www.spordihai.ee>

Football/soccer

- List of football clubs of Tallinn can be found on the Tallinn City Government site: <http://www.tallinn.ee/Teenus-Jalgpall>. For children's after school activities contact the FC directly. There have been English speaking children playing in many clubs.

Estonian Cricket Association

<https://www.facebook.com/eestikriket>

Judo

- Estonian Judo Association has a list of Estonian Judo Clubs <http://www.judo.ee/>

Bowling

List of bowling clubs/halls in Tallinn

- <http://www.zbowling.ee/> (Tartu mnt 80 B, Tallinn)
- <http://www.almarebowling.ee> (Paldiski mnt. 96, Tallinn)
- <http://www.kuulsaal.ee> (in Viimsi Centre, Sõpruse tee 15 and Mere pst. 6, Tallinn)
- <http://www.krabibowling.ee> (Tallinn, Punane 16)

Boating

- Boat rental is possible at the Pirita River, Kloostri tee 6a, next to the Pirita river bridge and close to the Pirita Convent ruins <http://bellmarine.ee/teenus/paadilaenutus/>

Sport trails

- Find a suitable sport/running trail for yourself at: <http://terviserajad.ee/>. There are more than 100 developed fitness, ski and/or sport trails around Estonia. If you like running but don't like to run on streets or parks, this page is just right to consult.

Running

- Hash House Harries. (Expat running, drinking and socializing club) <http://tallinnh3.hv.ee/>

Fishing

- <http://www.kalastusinfo.ee>

X OTHER LEISURE TIME ACTIVITIES

Ballet and dancing

- **Kaie Kõrb Ballet Studios.** Estonia pst. 9, Tallinn <http://www.balletistuudio.ee/>
- **Noor Ballett.** Private professional ballet school from age 3, classes in Estonian and Russian. Parda 4 (Narva mnt 11D), Tallinn <http://www.noorballett.edu.ee/>
- **Tasapisi tasakaal.** Graniidi 1, Tallinn. Hobby ballet and many other activities from babies to adults <http://tasapisi.ee>
- **Rollerblading and ballet** school <http://klubifox.com>
- **Casa de Baile Salsa School/Tantsukeskus.** Pärnu mnt 19, IV floor Dance center. Salsa dance school, including Salsa, Latin, Afro and Kizomba parties. Many classes in English. <http://www.tantsukeskus.ee>
- **Danceact.** Different dances: bailatino, contemporary jazz, pop-classic, stretching, Bollywood, classical dance, hip-hop, ballet, house dance, break etc. Narva mnt. 9E, Tallinn <http://www.danceact.ee>
- **Euphoria.** Dance, yoga, fitness, theatre. <http://www.eufooria.com>
- **Tantsupööning** is focused on teaching ballet to adult dance lovers <http://tantsupooning.ee>

Folk Art

- **Club of Folk Art** <http://www.rahvakunstiklubi.ee/club-of-folk-art/>
- **Folk Culture** <http://www.rahvakultuur.ee>
- **Folk University of Tallinn** provides all kind of courses for adults <http://www.kultuur.ee/>
- **Folk music (instrument) courses** <http://www.folk.ee>

Collecting

- <http://www.filateelia.ee>
- <http://www.estonia.filateelia.ee/>
- <http://www.coins.ee>

Driving Schools

There are some driving schools which offer classes in English and Russian.

- Drive driving school <http://www.autokooldrive.ee>
- Testudo driving school <http://www.autokooltestudo.ee>



E-GOVERNMENT & E-RESIDENCY

As a successful e-state, Estonia has launched the e-resident digital identity card which gives foreigners the ability to apply for secure e-credentials in Estonia and thus gives them the chance to access Estonia's e-services from anywhere on the globe. It does not offer the concessions that are granted to local residents.

The Estonian Personal Identification Code is issued in the process of applying for e-resident card.

An Estonian personal ID code for the diplomats and administrative and technical staff of foreign missions and international organisations and their family members (personnel of foreign missions) is issued in the process of applying for the diplomatic identity card. On the basis of the diplomatic and service card, the members of the Foreign Missions and their family members are exempted from the state fee and presentation of biometrics (fingerprints).

For further information about e-residency and for the information how to apply for e-resident's digital identity card, please visit the following pages or contact the State Protocol Department (for the personnel of foreign missions).

- <https://www.politsei.ee>
- <https://e-estonia.com>
- [E-Estonia's digital society components](#)
- <https://www.siseministeerium.ee/en/unique-opportunity-opens-estonias-e-services-foreigners>

For all other non-residents of Estonia wishing to apply for Estonian e-Residency, it is generally available online to applicants aged 18 years or older, who have never been convicted of a criminal felony, and at the sole discretion of the Estonian Police and Border Guard Board.

What is E-residency?

- E-residency is a state-issued secure digital identity for non-residents that allows digital authentication and the digital signing of documents. Such digital identification and signing is legally fully equal to handwritten signatures in the EU.
- E-residency does not bring physical residency or rights of entry to Estonia or EU. E-residency does not entail any residential or citizen rights and cannot be used as a physical identification card or travel document.

- The purpose of e-residency is to make life easier by using secure e-services that have been accessible to Estonians for years already. By providing e-residency, we are moving towards the idea of a country without borders.

E-residency enables to establish an Estonian company online within a day and the opportunity to run a trusted company online. On bases of E-residency card one can use e-school, e-banking, e-health digital prescription, e-appointment for doctors, the electronic tax filing system and other digital services etc.

Using digital signature adds speed for business. For embassies, for example, digitally applied tax applications are handled much faster, it gives paperwork reduction and allows ambassador/diplomats to sign documents in Estonia or while being away. The Estonian Foreign Ministry is ready and willing to move in communication with local embassies and missions gradually to paper free environment by signing all the document digitally.

Downloadable ID-software installation for composing, reading and signing electronic documents is secure, easy and free, and it is available in Estonian, Russian and English.
<http://www.id.ee>

Estonian e-services for the e-resident card holder: <https://www.eesti.ee/eng/services>



SOCIAL CLUBS & PLACES OF WORSHIP

If you would like to know who your colleagues from other embassies are, or if you are interested in your diplomatic immunities and privileges in Estonia, or you're simply interested in any other procedures in connection with your stay in Estonia, have a look at the homepage of Estonian Foreign Ministry <http://www.vm.ee/?q=en/protocol>

International Clubs

- International Women's Club of Tallinn www.iwct.ee
DECESA - Diplomatic and Expat Community Estonia Society Association, which consists of different clubs.
<https://www.facebook.com/DiplomaticExpatCommunityEstoniaSocietyAssociation>
Contact: association.estonia@outlook.com
- Diplomatic Choir in Tallinn, contact: diplomatic.choir@outlook.com
- Tallinn International Rotary Club <http://www.rotary.ee>
- Estonian Lions International <http://lions.ee>

Places of Worship and International Churches

- Christian Churches in Tallinn <https://www.facebook.com/places/intersect/>
- Church of the Holy Spirit/Pühavaimu Kirik. Pühavaimu 2, Tallinn. Lutheran. Ecumenical services in English every Sunday at 3 pm. <http://www.eelk.ee/tallinna.puhavaimu/>
- St. Peter and Paul Roman Catholic Church/Rooma Katoliku Kirik. Vene16, Tallinn, ph. 6 446367. Roman Catholic services in English on Sat 6 pm <http://www.katoliku.ee/>
- Estonian Evangelical Lutheran Church <http://www.eelk.ee/tallinna.kaarli/>
- Oleviste Church <http://www.oleviste.ee>
- Lutheran Cathedral of Blessed Virgin Mary <http://www.eelk.ee/tallinna.toom>
- Bethel's Centre of Pastoral Care <http://www.peeteli.com/sotskeskus/?lang=2>
- Baptist: Maailmavalgus <http://maailmavalgus.ee>
- Orthodox Church <http://www.eoc.ee/>
- Swedish Lutheran Church <http://www.stmikael.ee>
- <http://focuschurch.ee/>
- Adventist Church in Tallinn <http://tallinn.advent.ee/>
- Estonian Christian Pentecostal Church <http://eknk.ee>
- Living Waters Church <http://evk.ee/>
- International Baptist Church of Tallinn, Lai 50
- Union of Free Evangelical and Baptist Churches of Estonia <http://www.ekklesia.ee>
- Tallinn International Christian Fellowship <http://www.ticf.ee/>
- The Tallinn Mosque and the Estonian Islamic Centre <http://www.islam.pri.ee>

- Jewish Synagogue/Juudisünagoog. Lasteaia 9 , Tallinn <http://www.ejc.ee/>
Etc

Expat networks

Internations <http://www.internations.org>

MORE TIPS

X PETS

Small animal emergency clinic 24h

Mustamäe tee 44, Tallinn, ph. 5023191,

Reception ph. 667 17 55 <http://loomakiirabi.ee>

Pet clinics

- Tatari Pet Clinic. Tatari 3, Tallinn <http://www.tatari.ee>
- Billy Loomakliinik. Ehitajate tee 103a, Tallinn, 657 0310 <http://www.billy.ee>
- Västriku Loomakliinik. Västriku 2a, Tallinn, 655 3366 or **24h emergency call: +372 655 3366**
<http://www.vastriku.ee>
- Tiina Toometi Kliinik. Kopli 4 a, Tallinn, 641-3111 <http://www.toometikliinik.ee>
- Pirita Loomakliinik. Regati pst.1, Tallinn, 639-8737
- Pet City Rannamõisa tee 8 ,13516 Tallinn 515 3112 <https://www.petcity.ee>
- Valdeku Väikeloomakliinik: Valdeku 62, Tallinn, 670-0792

Regulations concerning the import and export of pets to Estonia are available on the web site of the Veterinary and Food Board (Veterinaar- ja Toiduamet). Also check out the Handbook of Diplomatic Immunities and Privileges issued by MFA.

Pet Supplies and grooming

Many grocery stores carry pet food and other pet-related supplies. Pet Centre carries more specialized pet supplies. All bigger shopping centers have Pet Shops.

- Internetshop <http://www.internetshop.ee>
- **Pet City XL.** Biggest pet centre in Nordics. Clinic, pharmacy, training, grooming, supplies. Rannamõisa tee 8 (next to Kakumäe Selver) <http://www.petcity.ee>
- Kadi Koertesalong, Kunderi 35, Tallinn <http://kadikoertesalong.webs.com/kontakt>
- Master Groom, A. H. Tammsaare tee 85, Tallinn <http://www.mastergroom.ee>
- <http://lemmikupesa.ee/salong>

Pet Hotels

- Aireston Kennel ja Lemmikloomade Hotell (Pet hotel for dogs & cats). Männiku tee 63, Tallinn, ph. 6 586 034, 56 621 423, airbox@hot.ee
- Pet City <https://www.petcity.ee/hotell>
- Koerte Hotel ja Dressuur (Pet hotel for dogs & cats). Aru-Mardi farm, Tuula village, Saue Municipality, Harjumaa, ph. 6 717 797, 52 68 510.
- Lemmikloomade Hotel Alton (Pet hotel for dogs & cats). Mahla 86, Tallinn, ph. 5232457, 6721260 <http://www.alton.fie.ee/>

- Aaviku Koertekeskus. Kuusesalu, Aaviku village, Rae Municipality, Harju County
<http://www.aavikukoertekeskus.eu/>
- The Jursuna dog centre. Jurna farm, Tuula village, Saue Municipality, Harju County, Suurearu tee/road <http://www.jursuna.eu/>
- Viimsi Koertetuba/Doghouse. Training, hotel, grooming. Vehema tee 1, Viimsi
<http://lemmikupesa.ee>
- Estonian Kennel Union <http://www.kennelliit.ee/>

X FOOD & EATING

Restaurants

There are many websites providing information about Estonian restaurants. Here are a few:

- Find a restaurant and reserve a table online: <http://www.vabalaud.ee/>
- The 50 best restaurants: <http://flavoursofestonia.com>
- Suggested by Tallinn Tourism Board:
<https://www.visittallinn.ee/eng/visitor/eat-drink/restaurants>
- The complete list of restaurants and pubs in Tallinn: <http://www.toit.ee>
- All about Estonian cuisine <http://www.eestitoit.ee>
- "Postimees" has published an article of restaurants where to you can enter with your dog
<http://tallinncity.postimees.ee>

Take Away

It is possible to order food from different restaurants and have it delivered to your home or office.

- **Telli toit** delivers food from different restaurants and eating places <https://www.tellitoit.ee>
- **My Chef** <http://www.mychef.ee>
- Webpage includes 4 companies providing home deliveries <http://toitkoju24.com>
- **Pizza delivery** <http://www.pizzakuller.ee>, <http://www.peetripizza.ee>,
<http://pizzakoju.ee>
- Download the **Wolt** app

X SHOPPING

- In Estonia, selling alcohol is prohibited from 10 pm to 10 am.
- Shopping centers are open generally from 10 am to 8 or 9 pm. Supermarkets and grocery stores in shopping centers are generally open from 8 am to 10 or 11 pm. Bigger gas station food shops (Circle-K, Neste) are open 24/7.
- Many shopping centers **have private parking lots/garages** and allow **free parking for 2 hours only** if the driver is using a parking clock.

Supermarkets

Main supermarket chains in Tallinn:

- Selver <http://selver.eu/>
- Rimi <https://www.rimi.ee/>
- Prisma <https://www.prismamarket.ee/>
- Coop <https://www.coop.ee>

- Maksima <http://www.maxima.ee>
Popular grocery stores in central Tallinn are located in Viru Center/Tallinna Kaubamaja, Stockmann and Solaris shopping center. You can find grocery stores also in Norde Centrum, and old town Aia street 7 (Rimi).
Coop and Selter have **e-shop / home delivery**.

A good list of **delicatessens** is listed in *Tallinn in Your Pocket* tourist magazine.

Not listed in the above-mentioned magazine:

- Kukk ja Konn. Raua 65, Tallinn, French delicatessen <http://www.kukkjakonn.com/>
In addition to grocery stores, fish can be bought at the Fish market (look at the markets sections) and Nõmme Market. There is a popular fish shop Kalakala&Pojad, Ädala 4, in North-Tallinn <http://www.kalakala.ee>

Shopping centers in Tallinn

- Rocca al Mare Center. Paldiski mnt 102 <http://www.roccaalmare.ee>
- Ülemiste Center. Suur-Sõjamäe 4 <http://www.ulemiste.ee>
- Järve Center. Pärnu mnt. 238 <http://www.jarvekeskus.ee>
- Kristiine Center. Endla 45 <http://www.kristiine.com>
- Stockmann. Liivalaia 53 <http://www.stockmann.ee>
- Solaris Shopping Center. Estonia pst. 9 <http://www.solaris.ee>
- Viru Center <http://www.virukeskus.com> and Tallinna Kaubamaja. <http://www.kaubamaja.ee>
- Foorum. Narva mnt 5 <http://www.foorumkeskus.ee>
- Rotermann Center <http://www.rotermann.eu>
- Arsenal Centre. Erika 14 <http://arsenalkeskus.ee>
- Nordea Centrum (Nautica). Ahtri 9, <http://nordecentrum.ee>
etc.

Estonian Design Center - Baltika Quarter. You can find there many fashion shops, designer shops etc. Veerenni 24, Tallinn <http://kawe.ee> / <https://www.andmorefashion.com/stores>

Bakeries

Here is a list of bakeries loved by locals (part of the list provided by "Postimees"). Some bakeries are hidden behind the corner, some locate on basement shop. Most of the bakeries / cafés listed take orders for cakes and tarts.

- Narva Kohvik, Narva mnt 10 <http://www.kohviknarva.ee>
- Vesivärava Kohvik, Vesivärava 42 <http://www.vesivarava.ee>
- Nikolaj, Gonsiori 10, <http://en.nikolay.ee>
- Café Mademoiselle, Pikk 29 & Paldiski mnt. 4 <http://www.meritonhotels.com/e-pood/>
- Pagaripoisid (in many locations) <http://www.pagaripoisid.ee>
- Biscotti, Uus-Tatari 16 (Mon-Fri 10-19) <http://biscotti.ee>
- Pagariliisu, Vana-Veerenni 7 (Mon-Fri 9-17.30, Sat 10-16) <http://www.pagariliisu.ee>
- Lyon, Meistri 22 (office building new Õismäe) <http://cafelyon.ee>
- Pihlaka kondiiter <http://www.pihlaka.ee>
- Linda bistroo ja pagariäri, Ädala 15 (North-Tallinn)
<https://www.facebook.com/pg/BistroojaPagar/about/>
- Bibi pagar, Pärnu mnt.80 / Luha 42 <http://bibipagar.ee>

- Peppersack, Viru 2 / Vana turg 6, Tallinn <http://www.peppersack.ee>
- Cést la vie <http://cestlavie.ee/en>
- Kringlisahver – ordering cakes and tarts <http://kringlisahver.eu>

Markets

Following is the list of Tallinn's main markets:

- **Tallinn Central Market** (Keskturg). Lastekodu 12/Keldrimäe 9, open Mon - Sat 07 am - 5 pm, Sun 7 am - 4 pm
- **Nõmme Market**. Turu plats 8 (In Nõmme centrum), open Mon-Sat 8am –6 pm, Sun 8am - 5pm
- **Tallinn Fish Market** (Kalaturg). Kalaranna 1 (In Kalasadama/Fish Harbor, next to the "Linnahall", open Sat 10 am - 4 pm. A better selection is offered from spring to autumn than in winter.
- Balti Jaama Turg (Baltic Station Market) <https://astri.ee/bit/>
Look at: <http://www.tallinnaturud.ee/>

- **Telliskivi Flee Market** (Kirbuturg), Every Saturday 10 am to 3 pm. Location: Courtyard of Telliskivi Loomelinnak/Creative Campus. Held outdoors from May to September, during the winter time in Green Hall, Telliskivi 60a, Tallinn. <http://www.kirbuturg24.ee>

Organic food / local farm products

- **Estonian Organic Farming Foundation** (EOFF) <http://www.maheklubi.ee>
- **Biomarket**. They have shops in Kaubamaja, Solaris, Rocca al Mare, Viimsi and Ülemiste shopping centre etc. <http://www.biomarket.ee/>
- **NOP cafeteria** and organic market. J. Köleri 1, Tallinn, info@nop.ee, ph. 6032270
- Haabersti Rimi (supermarket) **Talupood/Farm-shop**.
- **Talu&Deli**, Teatri väljak 3, Tallinn, <https://www.facebook.com/taludeli;>
<http://taludeli.ee>
- **Konju Talupood/farm-shop**, Lastekodu 11a, Tallinn
- Centre of Farm Products <http://ttkeskus.ee/>
- **Tagurpidi Lavka** online shop. The food is not always organic, but comes directly from local farmers and small producers <http://tagurpidilavka.ee/> Webpage in Estonian only.
- **Looduspere** has natural and organic imported grocery and non-grocery items
<https://www.looduspere.ee>
- **Bio4You** Located in Forum, Arsenali and Järve shopping center <https://bio4you.eu>
- Ökosahver, Mulla 6a, Tallinn <https://www.sahver.ee>
-
- Ökokaubamaja <http://www.okokaubamaja.ee>

X TECHNICAL SYSTEMS HELP

Electric and plumbing work is provided by various companies:

- **Toruabi**. Dispatcher 648 2200 or 511 6622 <http://www.toruabi.ee/> (from sanitary to electrical works, incl. emergencies 24 h)
- **Torufix**. Dispatcher 58024476 <http://www.torufix.ee/> (incl. sanitary technical jobs and heating systems, emergencies 24 hours)

- **Toru 24.** Plumbing call out number 58 190 880 <http://www.toru24.ee/> (sanitary repairs, emergencies 24 h)
- **SOL** <https://www.sol.ee> (sanitary and heating system jobs, home equipment installation, electrical works)
- **NC Partnerid.** Renovation, inner decoration, sanitary works. Suggested by one of the embassies in Tallinn as a good partner with English speaking personnel. info@ncpartnerid.ee, ph. 552 3517, <http://ncpartnerid.ee>
- To find a company who is providing electrical works, search google using the word **elektritööd**
- Everyday indoor and outdoor electrical works are also provided by **Eesti Energia** (main Energy providing company). Call customer service line short number: 1545 <https://www.energia.ee/en/elektritood>

X LANGUAGE TRAINING

If you are interested in the Estonian language courses, the following links may help you to find one:

- Online Estonian course for beginners <https://www.keeleklikk.ee>
- Multilingua <http://www.multilingua.ee>
- ILS - International Language Services. Roosikrantsi 8B <http://ilstallinn.ee>
- Tartu University language courses, summer courses <http://www.keelekeskus.ut.ee>
- Tallinn University <http://summerschool.tlu.ee/estonian-language/>
- Integration research Institute <http://www.integrationresearch.net>

Learn a few **essential phrases in Estonian** with the help of BBC:

<http://www.bbc.co.uk/languages>

X INTERPRETATION/TRANSLATION

- Titania <http://www.titania.ee>
- Lingoneer <http://www.lingoneer.ee/>
- Mariland <http://www.mariland.ee>

X EMPLOYMENT FOR SPOUSES & PARTNERS

Employment Agencies/Job portals

- Estonian Ministry of Social Affairs has a very informative webpage in English about different aspects of job-seeking and unemployment <http://sm.ee>
- <https://www.eesti.ee/en/work-and-labor-relations>
- Estonian Unemployment Insurance Fund/Töötukassa <https://www.tootukassa.ee>
- Most popular job portal - CV Keskus <http://www.cvkeskus.ee>
- CVOK <http://www.cvok.ee>
- CV-Online <http://www.cv.ee>
- Work in Estonia <http://www.workinestonia.com>

- Ekspress job <http://www.ej.ee/>
- Rajaleidja (In Estonian and Russian) <http://www.raialeidja.ee/taiskasvanu/>
- Kandideeri <http://www.kandideeri.ee>
- Firmateated <http://firmateated.com/>
- Easy Expat <http://www.easyexpat.com/en/job-offers/estonia.htm>
- <http://talentscout.ee>
- <http://tammistepersonal.ee/services/recruitment>
- <http://www.rentmyskills.eu/toojou-rent/>
- <http://www.fontes.ee>
- <http://humanage.manpower.ee>
- <https://talentor.com/location/estonia/>

Contacts in multinational companies

- https://en.wikipedia.org/wiki/List_of_companies_of_Estonia
- Business (in Tartu) <http://business.tartu.ee/keysectors>
- Business register <https://ettevotjaportaal.rik.ee>
- <http://www.tradewithestonia.com/estonian/doing-business-in-Estonia/>
- <https://www.tehnopol.ee>
- <http://www.technopolis.ee>
- <http://www.teaduspark.ee>
- https://en.wikipedia.org/wiki/List_of_companies_of_Estonia
- Business (in Tartu) <http://business.tartu.ee/keysectors>
- Business register <https://ettevotjaportaal.rik.ee>
- <http://www.tradewithestonia.com/estonian/doing-business-in-Estonia/>
- <https://www.tehnopol.ee>
- <http://www.technopolis.ee>
- <http://www.teaduspark.ee>

Main Media Outlets

- Advertising in newspapers http://reklaam.lehed.ee/news/job_eng/
- CV Keskus <https://www.cvkeskus.ee>

Voluntary work, NGOs, Foundations

- Estonian Voluntary workers portal <http://www.vabatahtlikud.ee>
- Voluntary jobs from CV-online <http://www.cv.ee/job-ads/voluntary-job>
- <http://www.terveilm.net/?id=601&year=2012>
- <http://www.mondo.org.ee/>

Professional Associations

- Business and Professional Women/BPW Estonia <http://www.bpw-estonia.ee>
- <https://pwnglobal.net/>

Es

sociati



- List of professional associations <https://www.eesti.ee>